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THE OWNER'S MANUAL TO PROSPERITY AND THE SOUL

For Hindus, Christians, Jews, Buddhists, Muslims and anyone else

INTRODUCTION
Since the beginning of time various individuals have excelled over all others, sometimes even in extraordinary ways. Why can't you be one of them. You need to begin by asking "Who am I, what am I and why am I here", do not be fooled. These are almost impossible questions to answer. If you feel as if you have reached the limit of your potential for success in all aspects of life. Then you probably don't need to read this book or any book for that matter. But if you are you one of those who seek greater fulfillment in life this is the book for you. Would You like to have better quality interaction in your relationships then you have now? Would you like to have more peace in your home? Would you like to have better communication skills? Did you ever wonder why some people seem to succeed in every area of life, while so many others just plod along? How do they do it? You deserve a long healthy life full of vitality. What is the personal secret to effectiveness that leads to success? You will not achieve personal success by spending all your time only looking out and not within, living on some form of Autopilot.

One main asset of the successful person is that their responsibility to themselves has kept them persistently working until their momentous breakthrough. Being responsible to yourself is the key to mastering every facet of life. From working on one's marriage, pursuing a career to developing into an increasingly whole and balanced human being. Blame is perhaps the greatest hindrance to self-responsibility. The responsibility for failure or success rests only on you. The successful person didn't give up and blame this and that for his failure. They did what needed to be done. They took control of Their life. This is why they are successful. You are reading this book so you are in the right place at the right time this is one of the keys to any success. Start now, move forward on the road towards personal achievement and happiness. We are now beginning a journey to the beginning of your new life, to the new you. I promise you, that by the time you finish this book you will be a different, a better person. It is up to you to edit the movie of your life any way that you so chose.

This is a book about empowerment. A tool for your awakening, rejuvenation and healing. A tremendous resource that can transform ourselves and the world we live in to a better state if we apply the wisdom we gain from reading it to our daily life. A guide to succeed in what ever it is you choose to do. Whether we are talking about how to wake up best in the morning or how to have the force to be a great leader or an excellent team player. This is a manual about life and How to live it at its fullest. Be visionary, authoritative, capable, motivational, and have broad vision. A book about ways of taking responsibility for your life that will lead to success. On becoming the kind of person who exudes a certain magnetism that attracts people. We shall discuss maintaining healthy interpersonal relationships. Throughout the pages of this book we shall seek to restore the missing pieces so that our lives may become whole and we’re in balance. Consciousness is the sum total of what we know and what we experience. It contains the possibility of opening towards new horizons. To illuminate the whole of our lives comprehending all aspects of Human life, the world of nature and the laws of truth that govern the universe. And to harness natural law and Divine Wholesome energies in nature to transform our consciousness from the dark night of ignorance to the perpetual day of enlightenment. Sometimes when the dream becomes a intolerable nightmare we brake off the dream, our material perception of reality and wake up to embrace spiritual consciousness. Consciousness has the potential for growth on all levels of existence: the physical, the emotional, the mental and the spiritual. It is possible to expand awareness in all of these components of life. like muscles that can be strengthened and enlarged with proper exercise. We are going to work to become the best we can be in all facets of our lives. We are going to seek new ways of going about doing just about everything, better ways. We will learn what is impeding our growth and how to remove or
change these factors. Life is continually renewing itself. We are not dead yet, but are still able to
grow. A southern sage once said "if it ain't broken why try to fix it". Is ignorance really bliss? Is
it not about time you start really enjoying the feast of life.

This book presents the universal answer it aims at bringing you to an awareness of something
more than meets the eye. It is a journey toward wholeness. Also a search for purpose and
meaning in life. From its pages you will feel touched in every sense of the word, physically,
emotionally and spiritually. You will have a transformational experience. Your own inner spirit
from working these pages will guide you to a more healthy way of life. The past few decades
have seen the renewal of interest in the field of health and its connection with Human
consciousness. We have come to discover that what we run through our minds has its effect on
the body. This is being confirmed by the newly emerging science of psychoneuroimmunology.
How you think determines your level of stress, which ultimately affects how your immune
system combats disease. Everyone knows that stress leads to hypertension which kills. We shall
learn some of the most effective ways of dealing with such problems, and other aspects of
harnessing the power of the mind in positive ways. Remember, the Human mind is the noblest
endowment of the creation. The liberty of thought, the force of creativity is one of its greatest
virtues. Everything that's alive follows a rhythm. We breathe and our heart’s beat. We shall look
at ways of bringing harmony and balance to the rhythms of life. Finally, before it is too late we
must stop and recognize that we don't have to do it alone. We are not here to work for our
personal interests alone. That there is more to life than filling your belly and your desire for sex.
Also life must have greater purpose then being born raising your children. Hoarding possessions
as a weasel, paying your bills and then dying. Yet to millions of people these things are precisely
what they live for. If these things are removed from their life it becomes empty and they would
find it completely intolerable. Most people go through most of life in a haze. They really have no
idea who they are, what is going on, and what they are here for. Most people are numb,
desensitized, and out of contact with what’s going on inside. They are as a leaf blown in the
wind, a ship tossed at sea, an aimless face in a crowd-going with the flow to nowhere. How can
people feel as if life is so meaningless, that it serves no purpose. We're born, we die and that's it.
This naturally leads to the question—What is spirituality? Spiritually is awareness and
participation in the return of the Divine energy to its source, and the flow of this energy outward
giving life animating our world, whether for healing, renewal or just finding a better taste in your
food as all good comes from God. All matter in its root and source is not physical at all, but
spiritual. By recognizing this understanding and acting up on it we are able to reveal the spiritual
qualities hidden in all thing of this world. All happiness in life is there. This is the beginning of
understanding. The process of returning is also called repentance. such is the nature of the
universe. Every thing returns to its root . Which is directly attached to its source. It is to be
attached to the Infinite. The Eternal essence of the universe. Which is as a unfailing fountain of
life that flows forever. It's God as the Mother of all on earth. Mother of all things. God
manifesting as Mother earth provides us with our temporary abode, our body for this you should
have true affection and attachment. Many need to revive this relationship with God as it has been
lost or never found, by falling to far into the material world. If you work to maintain this
relationship. Then you no longer have to rely only on your self. You can count on help in what
ever you do. It is God who gives life to all things. With virtue He nurses, grows, shelters,
comforts, nourishes and embraces them. Life is an opportunity to become a master of the Divine
energy. It is you who closes and opens this wellspring.
flow of this fountain. This You will have to clean up, so the flow can continue as is proper once again. In ancient times as when the bible was written there were those who came to understand the spiritual unfolding, and matters of providence. I shall share with you some rare instruction, precious guidance that comes from the highest realm. With these discoveries we shall learn to involve our mind, body, spirit and soul together in a holistic way in all we do. It is in these issues we shall work with, learn and grow. What do you do to keep your spirit alive. Some one will tell you:

"I'm a good person, I don't harm anyone"

My first reaction is not whether they cause harm;
I prefer to ask, "how much good do you do?".

May you have success in all your endeavors

CHAPTER 1
WHAT WILL GOD DO, WITH ME?

I can assure you that if you read this book you have before you from its beginning to its last page you will not be as you are today.

Congratulations you have found your guide and companion for your journey along the path to enlightenment, liberation, salvation and Supernal consciousness. Life is a matter of passing beyond awareness of only this physical world of imperfection to the spiritual world of God's perfection. We shall go from darkness to light, unreal to real, from the way of death to the way of life The first thing is you need to know, recognize and see is that you are not alone, ever. If one does not believe and know that God manifests in his own life and its providence. How can he have faith in the fact that God is involved in all that happens everywhere. Every day we encounter signs that point to an active Presence of Spirit. Everything that happens inside and outside of us is brimming with spiritual meaning, points of connection with Spirit. You need to find holiness in everyday life. By this also one may experience the mystical moment. God is everything, literally and alot more. By our spiritual journey while in this world we come to "know" this, clearly. By transcendental experience the God reveals himself. One may see it or hear it, grasp it. Yet it has no form and is unseen and unheard being elusive and evasive. God presents Himself as the undefinable oneness. A glimpse of the Divine is every where. Seeing the patterns emerging in life awakens us. All things are fuel for this awareness. There is meaning in what happens to us in nature and the cosmos. In those things others see only as chance or strange coincidence. . Although they have a subtle yet undeniable and uncanny quality. Here God reveals himself and then at once is concealed.Unfortunately most people don’t have a clue what’s going on. God is always trying to make contact but they can’t perceive this. The whole universe is there to support our spiritual awareness. The universe is saturated with purpose and meaning. Our universe is directed by a powerful, creative intelligence, and an ordering principle of truly astonishing power, complexity, and beauty. God can be observed in the constant regularity of the
universe. We can see this wonder when looking at modern science concerning the wondrous exacting complexity at the atomic and cellular level. To the wonders of the movements of the stars, planets, and constellations. In these things also is evidence of the subtle truth of the Divine in Creation, of God. One of the great expressions of God is the natural flow of energy transformation in the universe. You need to realize the constancy and patterns occurring in your own life, as found in the deep nature of the universe. Awareness of this leads to recognition of one's own immutable spiritual nature. God is behind all phenomena. Everything in the universe is directed by his "laws of nature". Just as our own breath. Violation of this law leads to disaster. Try stop breathing for a while. Adherence to the law is blessing, by it we remain in harmony with God and his universe. The highway to elevated consciousness exists in recognizing the sacred in everyday life. When one investigates the natural, they will find at its core the "supernatural". It is a process of continually practicing self-awareness, paying greater attention to the contents of everyday experiences: sensations, thoughts and feelings. The awareness of our inner and outer lives. The human psyche and the cosmic psyche (soul) are entwined and expressed through patterns that are neither imagined nor directed by us, but rather guided by the mysterious force some call God. So inquire into the nature of consciousness and contact this God force that flows in and directs your higher self from beyond your own mind. With this awareness comes freedom and responsibility. Know that the whole activity of nature is to make one aware of their soul, and its Divine nature. The goal is to manifest this divinity within, to revive lost parts of our relationship with God. This can be done by work (as acts of kindness and other spiritual actions). All our actions can and should involve spiritual intentions. Thus developing spiritual powers such as the ability to pray, and by learning reading Divine knowledge. Know, everyone has a Divine desire for knowledge, Divine knowledge, in their soul. The aspiration and desire to know absolute truth, to live forever and to feel perfect happiness are from the awakening of our souls. Our souls are the source of our Divine creative power. It is the source of our Divine dreams and meditations. As one gets wiser the God can give us greater instruction. The attraction to the Divine is of the Soul's life force. The souls "magnetic" force is the power of love. It compels us to love and care for all creatures and to love life itself. Revelation of one's soul's inner light is the source of ultimate bliss. The soul is a spark of the Divine that descends into a physical body so to place Divine order in ourselves and the worlds. It is the source of ultimate Divine knowledge. God is the ultimate truth. A person's soul which is a part of God and knows a lot more than we think. goodness and knowledge never part. The soul gives birth to truth. It is always in intimate contact with God, working as His servant to fulfill Divine will. Yet one may be far from these levels of their soul. So the highest duty of man is the care of his soul. Cultivating these inner powers will change the course of your life to "be all you can be", literally. But one needs to always check themselves to see whether they being driven by worldly desires alone or the spiritual motivation of their inner voice, their soul. Most people really need to be shown they are a spiritual being, a part of God, they are a soul not just a material body. One's soul is immortal, this is who they truly are. People have a tendency to identify themselves with their material body, this is a great illusion. This is similar to the fact that you may live in a house or apartment but you are not the apartment any more than you are the body you soul live it. The body is temporary as you house, but your soul is eternal and part of the Divine. When a person comes to realize this they can really begin to investigate spirituality, matters of their soul. Your soul is all ways eternally devoted to the God, when it is not restrained by lower physical forces imposed on it while in a body. This is true of your soul where you are a Hindu, Christian, Muslim or Jew. To see things the way the truly are one must come upon transcendental
knowledge. One must come to recognize that they are a soul which is eternal. One must come to it, and it is "natural" to do so. The destiny of "nature" is the force of Divine attraction that leads to refinement of one being and the world one interacts with. One continuously forms destiny. Each stage of life is the root of the next.

When you can see that God is there, everywhere. It makes it alot easier to rely upon his help, to ask for it. To know that he will come through for you. God sees and knows all. It can become as clear, as you know that your own father would do everything in his power to save your life. You will come to see that God is right there with you and will not fail you. You should know that a basic privilege that everyone has is a right to be successful. No matter who they are, where they find themselves, and to where they have fallen. They just must find the right thing to do from deep inside their heart, and go for it. That which appeal and draws out your heart. The creator has placed our destiny and highest vision in the recesses of our years, you just need to discover it. But don't come to think that just because God will help you it will be easy to accomplish your desires. You will still need to take up whatever idea it is that you want God to work with you upon and make this your life. Think upon it, dream of it, live on your idea. Consciousness is the great art of life. This is the art of certain victory, Know that this is the way to success, and this is the way that has produced people with great accomplishments. If what you desire to accomplish is for your good God then will help you succeed. Each person has gone through a certain amount of a "wild goose chase" trying to reach for things that are not theirs to take. God sometimes needs to modify our plans. Doors are opened and closed for our benefit. If something seems to be lacking, this is from God, and there are reasons for it. When you find yourself accomplishing your desired goal this will bring you to real trust in God. Then nothing can take it away. What ever your doing if God is with you you will succeed. God always wins. You just need to push forward. Chase after that which is your goal. If the way seems blocked towards your goal know that the peel comes before the fruit. They can be part of the process of growth itself that well lead you to what you want to achieve. These obstacles many times are only a vessel by which your success will mature through. The obstacles you face are really energy blocks that you can channel positively for personal enlightenment and achievement. All we experience is food for our souls. Our development depends on our ability to "digest" deal with what life offers us. Don’t give up and quit prematurely and then you will succeed in accomplishing your goal. Know, Divine providence in our lives is as a mother who selfishly provides for her children and gives them challenges to help them grow. You want help from on high. Ask God for help. It begins by recognizing His Presence. In earlier generations there was no doubt. There were many revealed miracles and prophets. In general, the later generations are run from a policy of concealment. Even if this whole world is created in a way which the Divine Presence, and knowledge of the existence of God is miraculously concealed. Miracles happen for people who know of both worlds. If you have doubts, you need more knowledge. Don’t misconstrue God’s ability with you. Don't create obstacles between you and the truth. What ever you assume responsibility for you will be awarded power to deal with it. One person can even save the world, it has happened many times. To succeed you need to be strong, fortified, and triumphant in all the places that it is necessary to fight. Even if you have help from on high. Nothing good comes easy. So be a warrior for good. But, do not be afraid to hold back or withdraw from a impossible position. Take your stand on ground where you cannot lose, position yourself so that you will succeed. Go along with good advice when it comes like following a current. Be wise and unafraid and live a successful happy life with a positive outlook. There are 3 avenues of opportunity that of events trends and conditions. When opportunities happen through events
respond actively to these opportunities, be smart. Act boldly when a trend comes to bring you benefit. Success comes from taking advantage of opportunities. Take advantage of the structure and momentum of situations. Then there will not happen to you the unexpected. But, be prepared anyway for the unexpected. Plan for difficulty in times of ease. Give thought to what is near at hand and consider that which is remote. If you don't consider that which is remote you will have trouble near at hand. Do the Great while it is still small. Just do your part and God will put the finishing touches on it, customize it, and take it all upstairs to complete the job. What ever it may be. Every single second the entire order of the worlds is changing. Presenting times of opportunity, to harmonize with the coming changes. Life must be based on being in harmony with our God given instincts. Know natures timing. The stars and planets rotate, orbit, and move in totally new paths, never known from genesis. They create fresh combinations, interactions, and interrelationships find what you have to do and go for it now. Do not think you can live on past virtues. There is no time like now. Be careful how you spend each day. You need to cultivate endurance. There is no time to be hesitant or indecisive. Of all the avenues of seeing success none is greater than in the unexpected. There is no room in success for procrastination. One must fight with all their strength to enter into the secret of the God. What is it that you do? This is what you are. Accordingly this is what you will receive now or latter. What you do will come back to you. There is no doubt concerning this. The only questions are when, and how will these things effect your body and your life here, and your soul which is eternal. Trust in the law of action and reaction, justice will come in the end, one way or another. A good deed brings one result, and a bad deed another. Kindness will invite kindness from heaven which supports and protects. The Holy is by our hands and in our deeds. Always be gentle. This shows a level of refinement of your soul. Acts of exceptional wickedness and goodness bear fruit in this life. Plan to deal with difficulty when it is not so hard, do the great when it is still small. Deal with difficulties while they are still easy. Don't wait for them to become a major problem. God sometimes sends us problems as a wakeup call. One who is aware may not have to be reminded from above. If one ignores God's messages, He may need to send you “louder” messages. These being even more difficult situations. So don't ignore these messages. Don't create self created problems, misery or disaster. Many times the “problem” is only the way we look at things, as there is a completely different perspective. The one which is correct. With a "open eye" one will see much of what goes on is really only a matter of futility, not a big deal. Do not be disillusioned by illusions. One needs just to retain enough of a sense of “ultimate reality” to deal with “the reality” of the situation. By staying with this awareness one's spirit is emancipated. Its better to avoid unnecessary problems in our lives. Know that every vicious thought will rebound. So avoid thoughts of hatred and jealousy. Blaming others does not bring your goals closer. Ignore the vicious competition among people. These things will one day come back to you with tremendous power. Once you set them in motion you will have to bear their fruit. Remember this and avoid much evil. Do not confuse evil for good. Misery that has not yet come is best avoided. Blaming statements can become self fulfilling prophesies of failure. The main thing is to work on those things that will bear fruit in the future, towards this end all our forces should be directed. Every one has heard the expression "be careful what you ask for you may get it". When calling out to God if you are persistent you will be answered, but the results may be different than you anticipated. Especially if you are not doing what is expected of you or worse doing the opposite. It does not really matter what we expected from life, but rather what life expects from us. If you call out to draw God's attention you will find it. Man brings upon himself what ever befalls him. Harm does not originate from God who is the source of all good. You need to accept that God
really knows what He is doing in your life. Many times when we fall by misfortune this is only so that we can come to some thing better. Know, descent is for the sake of ascent. The husk precedes the fruit. The bigger the ascent one must come to, the bigger the descent that must precede it. So don’t obsess on the past and dwindle away by it, use it as a springboard to achieve. Its up to you to turn each affliction and all its bits of suffering into fruitful stepping stones to blossom, flourish, and grow into new levels. Whatever the situation capitalize on it. Its like finding the treasure at the end of the rainbow. Go for it, and if you do not give up you will find it.

Work not in competition against your fellow but towards social cohesion amongst those near you, your nation and all men. Here is a chance to make a solution to the whole problem, the attitude life is a struggle where their is established only the survival of the fittest, by understanding the goal of life which certainly is not that. By understanding one's Divine purpose and goal in life one goes darkness to light. One must be in pursuit of a oneness with their humanity this is the first step in spirituality. As a spiritual life is one of complete self realization and beyond. Access to ones true self is simple but for some It may not be easy, because of the walls of interference one has built up. It requires that you have peace with in your heart and that you are receptive to your inner "light". The light of Divine inspiration. One must always be striving for greater progress spiritually. You will join heart, head and soul. As here is the real you, your highest self. It is Who God intends and desires you to be. This though comes after much work for most people. Only a good person will be accepted to the inner chambers before God, one who has become purified from their wrong doing. The Divine Presence dwells only with the righteous. There are those who seemingly countless times they make schedules, agendas, itineraries accompanied with strong resolutions, decisions, and pledges to finally fulfill them - to no avail. Don't be as these, be reliable. At least make yourself like a person with whom you would be happy to befriend and associate with. When radiant joy and love emerge they are contagious. People like to keep in the company of such people. When looking at another person find and focus upon the good within them. A Divine thought is an action. Becareful to not misjudge people. So if you need to judge others do so in a scale of merit. This can actually arouse the good that was hidden within them. This is true even before the supernal court. So look at each person to see their good. Don't embarrass people or bring them to shame. Know each person in the world in a way is like a limb of one's own body. So in a sense we are all responsible for one another, and even more the welfare of another in some way effects our own. So be supportive of people helping them with positive purposes with what ever they need. Good people are those who help the world and uplift humanity. It is good to involve oneself in social and political activism that help to make the world a better place. Its good to help provide others with food, clothing, housing, books, medical care and what ever else they "need" when it is in one's power to do so. Don't think about only what you want all the time. There are other people in the world besides yourself, and they need you. How would the body function if the heart decided it did not want to share its blood with the liver. realize that all are one. All the souls are collectively one supernal organism and giving to someone else is tantamount to giving to oneself. One has to nullify their own needs and emphasize the other persons. This nullification itself elevates the person to inclusion in the ‘beginning of all beginnings’-the infiniteness of God. He has it all. This opens the gate for the one doing it to receive all good. Every one is given by God certain blessings and gifts which are given so that they can be shared with others in a natural way. You must have sympathy for those who in their lives are troubled. Treat with courtesy those who are
cold and hungry, those weary and pained. Really good people sacrifice to feed the hungry, and they will even share their own clothes with those who don't have what to wear and are cold. Don't try to avoid any chance you can help others. You should help others without expecting anything in return. Your motivation should be a natural friendliness. By serving others you will find dignity in life. According to the way you give there will be given to you. What ever you put in you will get back. What you do comes back to you. Do a great act of kindness and one will come to you. We are involved in the symphony of the world. Draw the vibration from above till that it descends over you around you filling you. Such is the way of the rhythm of life. One needs to have this sense of timing governing their actions. As the body regulate childhood, puberty and maturity. Let this inspiration touch your conscious wisdom to guide you to know "when" and "how". It is always good to "Go with the flow". You must learn to appreciate the beauty of the rhythm of life. Then you will be able to recognize its main themes and not become to involved in its distractions.

In modern society which has governmental welfare programs and public charities it is not difficult for the individual to lose conscience. As such charity is far removed from directly being involved in helping someone else. Charity given with empathy can have a life saving effect in more than one way. By all means do not be selfish and self centered. Others depend upon you. So be whole hearted, kind, sincere, loyal, reliable, trustworthy, genuine ,earnest, honest, straightforward, self-disciplined and above reproach. Don't involve yourself in self deception. By these qualities you will give others peace of mind and you will find contentment yourself. If we hunger to live the spiritual, we hunger to serve and to give. Life's deepest experience is the phenomenal joy that fills our hearts when we love and give to others. Giving without others knowledge causes revelation of the brightness of one's soul, and sends energy of redemption to the world. So be a redeemer. Holiness is the desire to give. The judgments by which God runs his world are by no means such a simple obvious thing to understand as mentioned before. For example, God is quick to give the wicked their reward in this world. Since they have no other life. They don't concern themselves with the eternal life of their soul. Not providing for its provisions, so it can be that God does not either. The righteous is only rewarded with wealth by God when they achieve the ultimate virtue of humility and modesty. Relative to free choice, a primary cause of things not going the way they are 'supposed to' is indulgence in pride. At times this shows that the person’s indulging in some form of ego is making a separation above, preventing them from receiving blessing. God does not want the possession of wealth to corrupt such a person. A person must work for a living. Not live for a working. Most people will tell you "I am a manager, I am a factory owner or a plumber. In truth one is none of these things. The art of living should not denigrate to a of life business. Also those who love chasing after money will never know the true enjoyment that is found in life. Man was made for the soul. This is the true order of the world. How it “works”. To focus on worldly pursuits as an end in themselves turns things around from the true order of the way they are supposed to be to disorder. When things are in order this reflects the real truth. When you go away from truth, things are “out of order”. Returning to order is coming back to the truth. By nullifying the will of Your body for the will of your soul. Listen to your soul it is alot older than your body so "carries" much more experience and Knowledge. You and the world become fixed and the disorder of the world becomes subdued, nullified, and included in the order that will make things go your way’. As then things will be “working” according to proper order. Nurture your Spirit. When deciding what to do, give precedence to the Divine desire. Do His will like your will, and He will do your will like His will. One who knows he has enough is rich. No one
needs to use their vitality chasing after accumulating material things they couldn't possibly use in a lifetime. As one releases themselves from their material attachments they gain their freedom, and are there more easily able to ascend to supernal bliss and enlightenment. Its better to spend one's time and energy doing good deeds, by this they will gather blessings. This spiritual identity must be maintained. You need to look at your physical occupation as a spiritual pursuit, it can be seen as just another means of linking to God. Do business faithfully. As the real business of this world we are engaged in, in all the business in all we do, is the business of attaining Divine consciousness and holding on to it, no matter what business we may become involved with while working for our physical needs in this world. This aids the entire world to come to faith. Brings renewed energy by your work to improve the world. Know as a general principal that if one chases after that which is not meant for him. He loses that which is his own. Don't chase after the wind. Its not good to stand out from the crowd exhibiting a air of prominence. As the fattest lamb will be the one they shall slaughter first. Wealth should not be treasured. Then one won't be overwhelmed inappropriately with desires for possessions. There is a appropriate medium where one works for a living with their trust in God concerning their future. Such a person in their lifetime will find sufficient time to allow them to take enough concern to fulfill what is necessary for the needs of their soul, and not only their body. Don't get caught up in a false accounting, as the body is no more than a lump of "animated" clay, energized by our souls. When one no longer seeks to accumulate material things he comes to appreciate more inner things, the magnificent worlds within his mind. The Soul's force is developed through Honesty, truthfulness and other ethical virtues. There is nothing worse than swindling oneself. This requires true objective introspection. You need to take a ‘spiritual inventory’. This refers to taking stock, account, and examining their deeds. Like the way companies invest money in hiring troubleshooters whose job it is to make sure that the business is operating to its maximum potential. How much more so should a person troubleshoot himself to secure his soul’s safety and upgrade its productivity to full potential. Make sure your business is you spiritual life. Remember you are not here to life for a working, work for a living.

The opening of the revelation of one's higher powers of their soul does not come about by only wishful thinking but is according to the daily actions of our lives. One is required to make the effort. Trust in God will give them time long enough to think of the matters concerning their soul. This is where it all starts. This is something most people just don't find the time to seriously engage in. The world is regulated according to judgment. We must have right and proper judgment. Through continuous self judgment one draws upon oneself the awe of Heaven. Thus he eliminates the need of judgment descending upon him from Heaven to force one to this awe. A 3 fold cord is not easily broken so always realize in all your thoughts that God is first, last and there is no other. You need to come to peace with your desires. Be careful of excessive desires and urges for things of this world. As when there is a conflict between physical and spiritual desires this clash can interfere with one's happiness. Numerous varieties of countless combinations of the many forms of worldly pleasures maddens the mind. It is not good to madly strive after sensual gratification like dogs and rats. Unintelligent people chase after a illusion of happiness but in reality the real happiness is that which is eternal and of the spiritual life. If worldly interest does not die, true growth of the spiritual being cannot take place. One acts impulsively when they are out of balance. One must shut out those desires and impulses which could damage one's spiritual and their emotional well-being. Those that prevent you having peace of mind. All of us need to remove the dust of misunderstanding from our hearts that have misled you. It makes you spiritually blind. Then your heart will not be confused, but remain
undisturbed. But fools do not know this as the don't want to know knowledge of the soul. One needs to untie the "knots" in their heart so that liberation and enlightenment can occur. These "knots" constrict the flow, block our mind space. Inhibiting the flow of energy through one's self. You will then have tranquility of peace within, and peace of conscience. When your inner peace is disturbed energy is lost. You must work to keep your mind unfragmented, whole and centered. Untying the "Knots" in your heart will open up the mind to feelings of peace, calm and bring one new ideas. Calming the mind strengthens the heart. One need to be in a state of receptivity open to the Divine Presence. Don't create in your mind dichotomy by distorted delusions. You must transcend transient trivialities. Everything goes wrong in life when priorities are confused. Develop a new stance of reconciliation between what you want and what we need. Don't let fallen desire obstruct the freedom of your soul. Know that there is no limits to a mans desires, he will go on desiring. When it comes to the point that he finds he cannot obtain the object of his desire there will be pain. Any time we could locate that conciliatory position, we take a step up the spiritual ladder. By finding peace by being satisfied with one's God Given lot in life. This make us feel fulfilled. From contentment come happiness. Spread the flag of freedom being the banner of your soul. What a great calamity it is not finding contentment. We must judge ourselves correctly. For on judgment the world turns. Run after justice with all your strength chasing after truth.

How can one sincerely engage in a spiritual life if one is engaged in actions that are manipulative, deceptive and destructive harming oneself and others. Every human faculty can become distorted perverted, or turned to achieve the desired end which is a blessing for the body the soul and society in general. haughty Pride and arrogance form a basis on which rests the evil inclination. Arrogance and hypocrisy and the like, place one far from being able to comprehend the ways of Divine truth. People tend to become very proud and arrogant in this world, so much that they can't seriously even investigate a thought of about God or their soul as they are only concerned with themselves and their own needs and these they only identify with their physical existence and their bodies. This is truly insanity.

To learn one must make themselves as a fit vessel. Not a vessel that well not hold any light because it is so damaged by negative energy. One needs to know that just as their soul is the source of Divine inspiration, by turning away from the God by ones thoughts, speech and actions one is calling to oneself Divine repulsion. This binds one's desires to desires of the external world, Desires removed from ultimate Divine will. This same force of Divine repulsion is what builds the arrogance of our ego's self aggrandizement and allows one to dwell in ignorance. To reach the absolute truth you will need to leave your self imposed blindness and falsehoods. Do not glue your eyes shut, by arrogance. It is the empty space in it that gives it its usefulness as a vessel. Don't be full of yourself. Arrogance only invites problems, it makes people discourteous. One who does not flaunt his wisdom becomes enlightened. One who arrogantly shows off their wealth invites trouble. Blessing only rests on what is hidden from the eye. Don't boast about your accomplishments, just become successful. Accomplish great thing when they are small. Don't procrastinate. If all one cultivates is ignorance. There is a good chance they will be left to do menial things. It one were to cultivate good qualities passions and strivings they may they may find themselves in a position taking charge of others. And if they seek Divine enlightenment they may come to advise others.

Our aspirations are the key to living inspired. Inspiration is a burst of energy. Some times it brings you motivation and thoughts that come to you like lightening, like out of nowhere. When you reflect on the thought it gives you more energy and excitemt. These inspirations are the
seeds of creation, ideas from which is created the world. Such flashes of vision you must act
upon. Later on it may be too hard to do, or you may no longer have the needed inspiration by
which to become successful. The mind if not directed is relentlessly active and by one's animal
nature they can become drunk with the wine of desire, this increases its turbulence. After desire
has taken possession of one they begin to become jealous of the success of others. Then the
demon of pride enters the mind, making him feel all important. Then no one can teach him
anything. Special attention should be given to our imaginations as it is the well of our strivings
and desires. Many a man has come to misery from unsatisfied desires or the fear of not being
able to achieve their desires. Misused imagination can place one in a delusional fantasy world.
This can be a big energy drain. There the imagination becomes the greatest enemy of man. It can
seduce him to do things which are the worst. Or persuade him to abandon things should be done,
and are the very fiber of life. You must eliminate confused dreams. It is "bad" dreams that plague
the good dreams of humanity. The mind clings to false images it creates. Building up layer upon
layer. It is through these one sees the world. This is a hindrance to reaching clear awareness of
the truth. the mind is the eye of one's being. A mind that is confused, as a blind eye. It's hard to
see with the blinders on. Keep your mind detached and whole. Through wise disenchantment
over temptations of wealth, fame and achievement. One will achieve a high minded detachment
in life. This high mindedness enables one to take what comes, this gives one a sense of freedom.
Avoid the habitual clinging tendency of consciousness. By practicing this high minded
detachment one eventually arrives at a intense joy of living life. One becomes fully joyful,
having liberation from all material miseries It is good to dwell on something good but things that
only worry or sadden you why hold on and cling to them. Know from sadness, bitterness of spirit
one can become like intoxicated with wine, having distorted judgment. One cannot let evil
imagination lead them to depression, banish worries. Things are not as they appear. Feeling
down? Got the blues? Even from the black depths of pain and despair, life can hand out valuable
lessons in compassion, devotion, wisdom and love. One does not have to become depressed
because of difficult times or sufferings that may come upon us. Nor do we have to let worries
ruin our mood. Suffering is meant as a teacher to anyone who experiences it, and also to those
who see it or hear about it. The suffering of anyone in the world can serve as a tool to learn
lessons that will elevate us. It is a champion athlete who must withstand painful training to reach
peak performance. Sufferings come to increase faith. Knowledge is the main comfort from all
suffering. It can expand your mentality to a degree that the problem does not bother, phase, or
disturb you. Do not worry about what might possibly go wrong the next day. One never knows
what will occur. Perhaps tomorrow you will no longer be in this world and you will have worried
about a world that is not yours. Eliminate negative thoughts and emotions, they are toxins to the
mind. We all need to cleanse our intelligence, emotions, physical desires and consciousness
regularly. Don't accept negative emotions or thoughts such as nothing is fun anymore, feeling
lonely, unloved, feeling empty, feeling hopeless, feeling guilty or worthless. Being depressed
only makes things worse. It even effects our posture and our heath. If one feels like crap they
look like it. Depression effects everyone around in a bad way. Depression isn't fun. These
feelings don't help you out. let them go. Throw them away. Balance and centeredness means a
attitude not effected by emotions. Before emotions arise there is balance, when these emotions
are settled correctly there is harmony. Set your mind above worry and vexation. You Have better
things to do than contemplate such foolish thoughts as they are ridiculous. When the truth is
apparent we can only be astonished when looking at that which we thought was the reality is so
far from the absolute truth. Remember God runs the world he has given you all you need. Its
those thoughts and feelings that are in error. You must demonstrate some confidence in God and Yourself. What ever the problem or the situation is you will get over it. The world is not going to end. The way of God's maintenance of the world is hidden and unpredictable. Many times struggles are ordained by heaven to force us to turn to God. So many times it comes about that what we thought was to our disadvantage ends up being for our benefit. It is like when the car brakes down, instead of being hit by a train. Many times disaster is what blessing perches on. It is like when the house burns down, and the treasure is found when digging the new foundation. People have always been perplexed by life's up and downs. Don't let them get to you. People go through 'post-traumatic stress syndrome'. Pressure from problems can remain in the psyche. This can sometimes manifest in obsessions that prevent the person from going on in their life being their best. You need to get over your past. By understanding what has transpired in the days that have already past which are your life you will have a better mastery over your future. Your actions, events, and occurrences that you found disappointing and hold you back, undergo a metamorphosis to become the way you want them to be. It is a new day. Be a new you. Choose to become healed from your past problems. Remove past tribulations from your psyche, heal the damage caused by them. By learning the lessons taught in this book and working them you will be able to leave your post-traumatic stress in the past. Where it belongs. Never make important decisions except in a peak state. When one has maximum energy. If you change people will approach you differently. Only in such a state is one's heart clear and pure enough to make and to discern judgments correctly. It is your obligation to check your heart to find out the source of your imbalance. What it is that disturbs you, and do something about it. Be completely stoic. Whatever happens, however things go, however situations treat you it should be all the same. Just as God is unchanging, so there is a point deep inside you soul that is unchanging. Through being stoic, it is unlocked, unearthed, and manifests. This way its possible to always stay in your peak state. This is accomplished by your soul’s ability to subjugate, conquer, and control your emotions. Isn't it about time you exercise self control so you soul can reveal to you knowledge that will lead to your ultimate happiness.

Dream of a better world a world with less cruelty, injustice, poverty and suffering. One must struggle to attain their dreams. The good dreams that descend to the world need to enter the world of reality.

Know that compassion pushes away depression. Sometimes it is necessary to brake our nature not just guide it. If we brake our will for His will. He will do the same for us from His infinite Mercy. Blessings come to us from the Will of God. When we change our nature so as to fulfill His will, He can even change nature itself so as to bless us with his infinite bounty. When a person does kindness in a selfless way not imposing restrictions, the blessings they evoke will be limitless from God's boundless sea of blessings. In a sense one must dissolve themselves to become part of the great whole. Worldly blessings are planted by good deeds. Virtue protects your blessings. Don't be concerned about the blessings you going to get. Know nature is perpetually changing. God never changes and is everlasting. So its best for us many times to change our attitude. Challenging external situations at times require us to change our attitudes. When we do his will we can receive all blessings that exist in his will. Then you will have power to bless others. There should be purpose to all our actions all according to the mystical Scheme of the universe. This purpose is to always be involved in the ultimate fulfillment of His will. This is the way of the universe. One must adapt themselves so that in any environment they can attach their mind to that which is most profound. God has certain rules by which he has made this world and by which it operates. Water only runs down hill, unless he rules otherwise. These rules
are his will. By following in His way, that which is "tied up" preventing flow of Divine abundance becomes untangled. The dirt on our souls is cleansed away. Lights separated become merged giving life. All things reach harmony as is proper. Then one can suddenly reveal the light of their soul. That was not seen before. The virtue of the righteous person is this wholeness. He doesn't separate himself but lives merging himself in this universal Wholeness of God. 

Wholeness of life. He embraces this oneness. When one is one with God, God is one with them. By this all things benefit. Then all will once again will be united the way it should be with God. This is all obscure, yet it is the greatest clarity. You will be able to sense it, when all is right. In our world of limitations, paradoxes and inconstancies contradict and seem to exclude each other. Only a man of the highest sensibilities can stand here. In a place beyond limits they coexist in harmony without any qualms. It is said “You can’t dance at two weddings”, unless you can be in two places at the same time. ‘Above’ concerns Providence. ‘Below’ is the realm of free choice. One who is connected to God in the upper worlds while still in this world can do this. They are in contact with cosmic forces of beneficence. But this is something like any relationship is and needs to be an ongoing thing. The soul is as a coal taken from the Divine fire of God himself. When these coals separate too long from the fire they become extinguished. So one must work to establish the Divine unification that reveals your soul and the God. One always needs to realize that the material desires of their body in and of them selves when they are not directed for the sake of heaven form coverings over our souls, blocking its light. And then we need to uncover out spiritual nature which has become hidden. Each of us needs to do this at their own level till the depth of the souls is revealed cleaving to the God.

Some phenomena are very subtle, look closely at the subtle and listen to the "small still voice". Understand the signs from above, the patterns that occur in the world here below and the affairs of humanity in between. This all links with the concept of making Divine providence. According to one's closeness to God, their personal refinement the rules over the whole system and over you in particular change. As the powers and responsibilities of the king's son differs from that of the palace janitor or one who has no place in the palace at all. Do his will and you will be blessed you will be a winner. You can live a spiritual life free of guilt with all of God’s blessings including healing when needed of your body and soul, wisdom, prosperity, forgiveness and all the wonders we pray for each day. His rules are the formula for true life. Since life was created for the sake of its potential to achieve closeness to God. When man can no longer live for that potential. His life is taken from him. A person who doesn't want to get up in the morning. If this desire is strong enough he just dies. One must live a life of purpose. Ambivalence ranks high on the self-sabotage scale. This is usually due to a lack of vision a lack of purpose, and the secret desire to let others do and decide things for you. You need always to actively be in control of your life. Its outcome should not be left up to chance. You need to be a student of the science of life, this will beneficial for you in this world and the world beyond our own. This is the science of the soul. This is ultimately the business of life. One should always be growing, never becoming stagnant. Growth should be ecstatic, not something routine. You should jump into it. Be the architect of your life its imaginative engineer. One should always be striving to reach a higher level. Achieving greater completion, happiness, clarity and inner peace. Refining one's inner vision is a process of unfolding. It is good to cultivate the disciplines of moderation and self restraint. By moderation you will know when to stop, as there is a time for everything and a time when it is enough. We don't accomplish much when in a exhausted ragged and physically disoriented condition. You must always keep things directed in a orderly manner as if order is lost this bodes ill. To help achieve this you will need to develop the thoughtful strategic planning
found with clarity of mind. Everyone looks up to a thoughtful person. One should act for everyone's benefit, life is a humanitarian movement. Help everyone to become happy. When you make yourself a better person all mankind is improved as it is the total sum of its individuals. As more become involved in doing "good things" the whole world will change.

Its good to bring people good tiding, then good news will come back to you. One should be honest and say what they mean and mean what they say. Truth has no friends, but it is what it is. On the other hand directing your affairs based on opinions of unmitigated finality leads to bad results. Do not be stupid and inflexible. In will not help your relationships one bit being nihilistic, fatalistic or have other absurd attitudes about life. If you do not have good judgment, you are not going to have good relationships with anyone. Try to be "real". Based upon truth a person must stand firm as a cedar, even if at times one needs to be flexible as a reed. A living man is flexible and warm. Its a dead person who is rigid, stiff and cold. Which do you want to be?

Many people think they are living the best life they can, doing exactly what is best for them when in reality concerning many things the opposite is true. The problem is people do not know what perfection of life is. They think that in material advancement they have fulfillment in life a nice house, bank account, wife and kids. These are not things that last forever. But this fulfillment is short lived. Life presents openings for greater things. The truth of the matter is that through the combined workings of Divine mercy in coordination with the results of our free will one can attain refinement and closeness to God. There are always awesome secrets going on about a person's life. Through the events in our lives, the world around us God is always trying to explain the fixing of your soul and its way in this world, but these personal messages are rarely understood. This fixing of your soul is the loftiest achievement. If you can see beyond your self imposed rigid level of understandings, mental obstructions. It will be easier for you to adapt yourself to any circumstance, and see the truth. Don't be foolishly stubborn. Remember the yielding are preserved whole. A person who is together never leaves the center of his own being. Always on a quest for greater attainment. He is a trailblazer in his unique individualized personalized path. Never swerve from your true nature, but at the same have the intelligence of creativity to be adaptable. You must follow the path that appeals most to the "inner" calling of your heart, once you are able to hear it. Many times it requires courage and even fearlessness to walk along this path. Don't waver from the truth you hold dear. What is well planted or closely held cannot be pulled up or slip away. Establish virtue firmly within your self. Live a virtuous life. Your virtue must be of unconditional piety. Be simple, straight forward. Establishing a firm foundation of virtue. One cannot be "wissy washy" sometimes being this way, sometimes that way depending on which way the wind blows. Or according to who they are with. Or what benefits they will gain. No, A person must firmly all ways stand by God as a Wall. You must reach the point of truth. You just need to anchor your feelings on the truth. Bind your heart to the truth. Harmonize your heart and mind. cleanse your mind so that truth empowers your emotions. Eliminate disturbed emotions and return to serenity. Remove negative emotions so your mind may flourish. You can change your emotions how you feel about anything. Don't accept a life with undeveloped emotions that allow chaos to exist in your mind and heart. One must be careful with what they put their mind and heart upon, as by this they unite with it. Truth is now and forever. Even when facing a crisis, God forbid do not deviate from that which is just and correct. Be completely honest and act with integrity. Wild animals are pure and devoid of ulterior motives. They are not devious, they harbor no inhibitions, they bear no grudges. There is no reason you can’t achieve these qualities. You are not less than a beast. Speech is an extraordinary
expression of Divine power in a human being. It is a quality that separates us from animals. So don’t babble away at whim. Speech should be treated with great respect. One should not lie, cause another to lie or approve of others doing so. As all these are equally bad. Speak with dignity do not say disgusting things, or be occupied in words of vanity as if the mouth becomes blemished how can one pray? How can the same lips that God forbid lie, pray? Or if their life is a lie? Surely truth will win in the end. Truth will always last. Above, it is cherished as being dear, precious, and priceless before the Divine presence. We can see by the contemplation of truth, especially concerning God, that it has great emotional value. It changes our being in a wondrous way. One can attain a super-conscious state by heightening, harmonizing balancing their emotional nature with enthusiasm and joy. As then their emotions can be a seat to their soul of Divine intellect. Balance and centeredness means a attitude not effected by emotions. Know that your mind is meant be the instrument of your soul. Reap the dividends gained by innovating new ideas. Your soul has access to all knowledge, but it takes other knowledge to call this knowledge forth. As only a chemist is likely to make new discoveries in chemistry. Power of knowledge brings forth knowledge. For this reason teachers are very helpful, but one must do the work. Know God is the teacher of all teachers. As long as knowledge is not drawn down, the person is in a relative state of darkness. Knowledge of the existence of God and His relationship to you breaks the darkness. In the self, this means to simply integrate, live, and bring to experience and fulfillment what one knows. The capacity to know is available to us from our soul’s but it must be awakened. So let it guide you. The truth will present itself to you naturally to join you with the deep boundless oneness of God. Wake up and live.

Are you happy with what you have? Do you only want a little truth concerning God? What kind of love is it when one has a little or no interest at all in finding out about the character of their partner? One just doesn’t care who they are! When one loves some one, they just can’t stop thinking about them. True attachment to the God is restless and flows as a river ever impelling. This Divine true love is spontaneous. It is in issues as this that we can have a measure to test the extent of our love for God. Know what to love and what to hate. Love springs forth from one’s soul, it should be perfectly natural for man. Just as it is natural for a bird to fly. Is He any interest to You. Enough to open a book and learn. Do not deceive your self you need to learn the science of God and spirituality. Unfortunately public schools do not teach about spirituality, matters of the soul And this is the most important knowledge. This is the material world and here ignorance concerning spiritual matters prevail. “Modern” society is very much interested the body and other physical matters but to the eternal consciousness of the spirit they pay no attention, they are only concerned with non permanent things. But what ever happy life that one is preparing for in the next world while in this world. It is only prepared by participation in things of permanence, and those things all are spiritual. The perfection of life can only achieved with Godly consciousness. This Godly consciousness can not be achieved by only occupying in a material life. Its approach is only by knowledge of God. Ignorance concerning spiritual matters is the main defect of modern civilization, with this matter people are very obstinate. As long as we act unaware that we are souls in bodies and have no awareness of spirituality what eternal value will all our activities have for our souls? Knowledge of the spiritual nature of the world and the soul can also be discovered by examining the spiritual phenomena from a spiritual perspective. There are many ways of spirituality many paths of spiritual teachings. But all the true ones, those that unite you with the Divine light of God have one object. They may have different understanding and different ways of reaching there, but they all lead to a awareness of the absolute truth.
All most every one these days are ignorant about spirituality, or don't consider the matter seriously. They think they are very happy and have everything eating sleeping and mating as any other animal. Many are captivated in the illusion that they are their body, that's all there is. As soon as you come to true spiritual awareness you will be joyful and free from anxiety over mundane matters. Then you are no longer only a boss or employee. It is only then that your real life has begun.

You must learn the immortal knowledge, the truth of life of God and the creation. Dedication is required. Or maybe you believe you know more about God than any one that ever lived. Like Moses, you have your own way. Like Moses you are capable of going 40 days and nights with out food or water on Sinai and bring down the bible. Consider the ancients they really saw something. They knew how to live according to the oneness. There is a reason why the 2 largest religions of the world Christianity and Islam are both based on the story in the 5 books of Moses and the prophets of the Bible. With the onset of Industrialization, the elevation of science, the Holocaust, and the proliferation of Western materialism, spirituality, spiritual ideas and practices became harder to access. One must go through different stages of development if they are to understand the wisdom of the ancient prophets and sages. Don't dismiss this ancient wisdom out of intellectual prejudice. By this you will lose all progress that has been made. You want to be attached to this body of works and knowledge. Also be aware that even if in this generation religion has lost its mystical connection. Relying on the superficial "trappings" of "religion" will get one nowhere. Nor will religious conviction based on nothing. There is Divine truth which is an enduring cosmology. The acquisition of knowledge through learning is a continual process of searching. It's turning the complex into the simple. The truth is uncovered when one simplifies all aspects of their life. There is a way of learning, of fastidious Scholarship that is totally lacking in insight and discernment where by one gains no originality of insight or depth of understanding. Thinking without learning makes one flighty but learning without thinking will be a disaster leading to understandings void of commonsense and reasonableness. Beware out side of this spirit of reasonableness we find fanaticism and dogmatism and all sorts of "insane" thoughts and behavior. Cramming of information is not the end goal of learning in and of itself. It is not about memorization of facts, but development of the process of cognition. Life is limited but knowledge is a part of God and is limitless, so dive in. You don't have much time. Ideas need a period of gestation to develop. One needs to place greater emphasis on thought and less on knowledge itself. You will discover that certain authors, teachers are critical events in one's intellectual development, their teachings are readily absorbed. and digested and give sustenance to the soul. This is because there is such a thing as affinity of spirits. Know, attunement to one's individual intellect takes work and time but this is only the beginning as high "insight" will come from beyond oneself coming from the collective consciousness of cosmic intelligence. This is sometimes called unconsciousness. We need to "tune in" to this unconsciousness communications system. Get down to the depth of your soul. Only through the acquisition of Knowledge of truth one is able to expand the powers of one's faith. Just open a little Whole and the infinite power can come in. This extra strength goes to the Soul. Light will come to you by learning and meditating on what you have learned. The Holy energy builds one a ship to cross the ocean of life. The ancient sages were as passing travelers.

A person should Guard their power of speech from evil. So as to not defile this powerful tool. As said before one does not want lying lips. These are not fit for talking to god, or any one for that matter. Don't make your self a victim of gossip. It doesn't feel good to be on the receiving end. Stick with friends who would rather live their own lives than talk about someone else's!
The best way to avoid being involved in gossip is to steer clear of people who gossip. If you happen to hear a rumor, don't repeat it and don't listen to it either. Avoid all aimless critical abusive speech. We are not here to gossip but to awaken to the precious beauty of our life and that of others. Act with grace, strength of Character, and compassion in your affairs with others. When someone trusts you with a personal secret, keep it to yourself. You want God to reveal to you his secrets He only shares with those He is Close to. So show you can keep a secret. The great Divine mystery keeps unfolding, and the more one is devoted to it, the more it just keeps opening up. Let your mind participate in a great revelation. God wants to be recognized for his beauty and magnificence. By your inner and outer devotion to God in all aspects of your life you can induce attachment to the Holy blessed one. Learn to contact God, Infinite and Formless by everything in this world.

One must grow and Change. When the quest for spiritual growth has become abandoned. It's as if one enters into a life of slavery. Your life is a complex web woven from threads of passion, desires and bad habits. To many this web is a prison, or it becomes one's slavery. When this happens one's Soul and Spirit become slaves of their body. If this is the case then one becomes required to untie this net of desires in which they have trapped themselves. In the opposite situation complete occupation with the spirituality can cause you to forget physical desires as most know them. Then they can direct their creativity and the activities of their life so to reconnect themselves with God, the source of their soul as is proper. Your compelling Grand passions for Good are the song, the voice of your Soul. We this passion we must allow our sentiment to be formed, the voice of the Soul is not "cold", but a matter of passion. It is not a really cold heart, but your warm nature. Make your priority what is important to God and minimize that which God finds trivial. Leave your physical bondage. One must work to build their soul. Spiritual freedom does not come from nowhere. It requires a process of continual transformation and renewal of one's inner being and the biological aspect of one's being is the foundation. On a higher level perfection is expected. Corrections must be fixed immediately. You need to fix to build every aspect of your being so that you can become all you can be. What is it that God wants from you? Really look at your self, your life see how you can be a better person. How you can bring your life more in line with divine will. The greatest happiness is from something that is new. When God shines his good will, and all the worlds are in bliss. Become more a part of Divine will in your thought speech and actions. When changing places spiritually one must pass through the "empty space". The point of truth can be the scariest moment. Many when facing it regardless have turned the other way and ran in denial. Most people are afraid, scared, and terrified to go inside, take a look, confront and face themselves. Many are in darkness, denial they can't face the truth. They may be trapped in a thick, one-sided, ego mania headset. Don't fool yourselves time and time again till it gets to the point where you can't even really honestly face yourself. Then it will be to late. You must start by scrutinizing your thoughts, words, and actions. This will lead you to understand the root of your behavior, what makes you tick, and what you are doing (or supposed to be doing) here. Thus oneself-psychoanalyzes. You must be flexible and ready to change. You can rehabilitate, remodel, and rebuild yourself from scratch - until the fulfilling of all of your greatest dreams. Some times it can be like resurrection of the dead. Recognize that there is no turning back. Be flexible, practice self discipline and be prepared for anything. Then when it comes you will not be overwhelmed. Thinking can lead to correct strategy, consideration is also necessary so to plan for all eventualities. If God puts a test before you you will be ready and will more likely to pass your test. God gives us these tests so that we can prove ourselves by expressing our love. God tests us out of His love He has for us.
By solving the problems that the path of life brings us we grow. God provides up in our lives with tests and challenges to the soul so it can grow and change by overcoming these challenges. This is the purpose of life. Don't be like Pharoah, king of Egypt in the bible. God sends him sufferings and plagues, and instead of changing his ways he goes for more plagues. There are better ways to get God's attention. When you are not moving with the way of the creation, but against the "tide", the time. This can be as a bad spot in a song and it can even reach such a point that the song can no longer go on. Something will have to give.

The way to spiritual health is holding on to the fact that God is going to help. We are going to have good times. God is good and He wants to help you. Don't sell yourself short. No one is perfect every one makes mistakes and has defects and lackings in one way or another. You can edit the movie of your life any way that you so chose. The sad song of a broken, wrecked, wasted life can be repaired, transformed, and turned into the sweetest music. Fix Your blemishes and turn them into advantages. Know that each of our failings and lackings is just a husk over a special ability. Through working on imperfections, one peels off the husk and is left with a unique gift. Know that at times God will set up a situation in your life that can force you to change. A time when things can no longer go on as they have been and something must give. The path of life can be like a sanitarium it cures of a man when he makes a wrong turn in life. It puts man in situations that force him to correct defects in his personality. Life is good at fixing Mebalomania, egocentricity, conflict-neurosis, spitefulness, social exhibitionism and all forms of Moral distemper. Life is full and surrounds us with spiritual healing properties. Prompting changes to begin by a decision being made. Make providence oriented decisions. Strengthen your own will to do the right thing. Use stressful situations to arouse will power to overcome obstacles. By strengthening your own will the will that opposes you will be broken. If it is bad you have to get rid of it. Give up what is not right. You need to know what God wants from you. Don't be afraid to lose part of your identity. Its possible to become a different, a better person. How we deal with stress, disappointments, and frustration determines the essence of our personality. Be determined, let nothing stand between you all the goal. You must dissolve and avoid the stiffness and rigidity caused by the tension of worldly confrontations, arguments and quarreling. Contention leads to Strife. Insecurity breeds contention. Recognize contention motivated by personal desire and not by moral necessity and avoid it. Overcome emotions that feed contentiousness. You must keep before yourself a objective view of the facts. Avoid unnecessary conflict and aggravating turmoil. Seek mutual realignment not mutual disturbance. This will lead you into a new realm of absolute freedom. Strengthen your essence. The source of our stress and emotional problems many times is the failure to live in the moment. Learn to practice self-control. You must firmly be in control of yourself. Free your self from such human concerns as pain, anger, anguish, nervousness, irritation, strife and paranoia. These emotions cause so many problems and have led so many a man's downfall. given free play who knows what could happen? These are strong feelings. They can put one out of balance. One really needs to guard themselves from these destructive forces. One who can overcome himself is a strong man. Stress can literally, God forbid, kill a person. There is no question concerning this. Hypertension which is caused by excessive stress can cause heart attacks. This is evidence of the emotional-spiritual physical link. That you can be as you feel inside. That one must guard their thoughts. Stress is what you feel when you are worried or uncomfortable about something. This worry in your mind can make your body feel bad. When the mind is disturbed the body then also will be disturbed. Too much pressure causes a nervous breakdown and the like. Eliminate mental vexation. Don't become disturbed by transitory problems you encounter in life, know they will
pass. You must steadfastly trust that even these circumstances God has created only for your best interest. They are conducive for whatever it is you soul needs to accomplish now. Even if it’s end result may be impossible to understand right, right now. The best way to keep stress away is to have a balanced life. Everyone gets angry. Maybe you “lose your cool” or "hit the roof.” lost your temper? Do you yell and scream or want to hit someone? Do you get angry when something doesn't go your way, when you become frustrated? You should work to keep this situation from happening again. Don't be hot headed, ease tension and live longer. Look at the hot world with a cool head. Don't have a quick or a hot temper. Don't lose control. Certainly don't run into a fight. When our aggression becomes so extreme that we lose self-control, it is said that we are in a rage. Anger may do more harm than any other emotion. One day's anger can destroy your whole life. Purity and peace achieved by a day's work can be lost in a moment. The overall effects of anger are enormous. Through anger the mind body can both become disturbed. One who starts off in anger many times comes in the end to regret. Always be gentle. Don't be rough and inconsiderate. When one is unkind to others this behavior inevitably rebounds back on you. Such behavior will cause destruction to one's connection to the spiritual realms. One must allow wisdom to direct their emotions. Know that receiving insults, abuse, and mistreatment in silence is a tremendous help in dealing with relationships. You have to work at having balanced, healthy relationships. You can't run away from yourself.

It is when one is out of balance that they are vulnerable to the spirit of folly, and can do something stupid. Those who are blind to their inner selves are likely to do stupid things, so try to stay focused. Don't act impulsively. One is in trouble when they lose their way. Try to stay calm in balance find equilibrium. It is good to feel bound to a inner calmness. When someone loses balance either in their own internal composure or with things outside of themselves they lose energy. One must master patience and tolerance even God forbid if it involves suffering. One's tolerance of suffering is based on their faith. Tolerance is a necessary virtue in everyone's daily life. One who cleaves to God in awe and complete love has no question about any matter of this world. True love is not at all based on or dependent on material or physical motivations. All bothers and difficulties of this world are thought of by him as nothing. They don't interfere with his life at all. Personal problems he faces of this world that would trouble others don't concern him at all. This is not escape to ‘Fantasy Island’. On the contrary most abide in a world of illusion. Reawakening to the deeper awareness of truth is getting out of fantasy and entering reality, can be painful at the point of impact. The Divine Beloved is the Ultimate reality. Don't be over concerned with the trivialities of life. They just come and go. Know that by both favor and disgrace one is shocked. Many times this is because people forget the true value of things. So people when finding favor of others may take pride in them selves, making them arrogant. Or one may imagine that some thing is a matter of disgrace and embarrassment. When it's in all truth a truly insignificant matter. Its about what you want to consider trouble, and then all that such entails. To another man it may be nothing. Many times one may feel lonely, isolated or misunderstood by others. By getting your Higher Self (soul) involved in daily life, you will be able to feel loved, nurtured, and deeply understood. The way we deal with such problems can show the degree of one's love. Faith endears couples as husband and wife. You need to prepare your heart to receive faith. When one lacks faith which is the power of growing and sprouting literally he rots. He is left to lead a life that is full of sadness, slothfulness and sluggishness. Sometimes it may appear that there is an easier way, yet the way has great potential on the down side. Potential for great loss. Remember no one ever said it would be easy. Sometimes you have to take the hard way and trust in God. Don't do things that put your soul in jeopardy. Mediocrity
will get you no where. Always be the best you can be. You will feel alot better. Separate from bad things and Stay close to the good always. Cultivate virtues such as ethics, morality, diligence, patience, honesty, self-control, truthfulness, faith and humility. Actually, humility is just a natural inherent virtue of the soul. True humility means to recognize one’s specialties and to know that they are gifts from God. Humility just might be one of the most overlooked attributes in leadership, but it just might be one of the most important attributes a leader can possess. A great commander is humble. Humility is the Connection between leader and follower it underscores one common element: our humanity. Win the allegiance of others. Humility is essential to winning hearts and minds. By putting yourself last they make you their leader. Balanced leadership settles all contention. Preventing disorder in the ranks. Such a leader assesses himself first, before assessing others. He has a loyal heart, eyes and ears. As without these how will he know in which direction to proceed in his affairs. He is so close to his associates that they are to him thoughtful and careful eyes and ears. He is never callous nor are his demands unreasonable. He is the one who finds extraordinary talent that would go unrecognized. A great leader effects harmonization among the different echelons of people. He is able to motivate people to work on their own initiative. He rewards success with entitlements and social distinction is earned. He himself will not be pleased when finding favor before others nor will he fear vilification. He will use deliberately sternness and kindness in specific proportion to unify minds. His speech is discreet directly speaking to the perspective, yet circumspect. He is tolerant and courteous. He knows the hardship of others and spares people. He will to create mutual understanding in his relationships. Everyone sees themselves going as you go, your not seen as an obstruction to anyone. Don't be a dominating tyrannical ruler. The true leader keeps order. If he excises authority, one strays from the right path of brotherhood, yet if one does not exercise authority there is no way to accomplish anything. Therefore it is best to find a balanced middle way. One who regards all people as his own family makes a world class leader. Awesome trustworthy authoritativeness makes people trust you. They will do as you tell them without fear or any question or doubt. Humility is a visible demonstration of concern and compassion, as well as authenticity. Humility is an approach to life. Mistakes give rise to the need for humility. Instead of trying to cover mistakes up. Humility is a key to self-understanding that in turn leads to greater awareness of the wholeness of life. Humility is internal and devotional respect towards those personalities and objects deserving respect. Through the humility of a true leader there is effective concentration of energy and skills where they are needed. By humility the true leader can see the positive qualities of all men who work with him. The arrogance brought on by pride annihilates humility. Examples of this are such as if one prides himself on this learning and looks upon others as low and insignificant. When several types of human and super-human virtues become manifest within oneself. When one wins regard and honor, and because of this one looks upon one's self as high and great in vanity. Or if one's relatives had been honored with ministerial positions in the government. Suppose one's ancestors are of a high and noble family one boasts of one's greatness due to this. One might have a sweet resounding voice, one might be blessed with the will power by which one can stick to one's activity till one is victorious, because of human achievement, or pride in their work of fasting, reciting prayers, meditation. All these are matters of arrogance from pride, the opposite of humility. Humility breeds humility. You probably see you will need to make changes for the good in the core and inner fiber of your being. It is a different approach to living that invites Humility into your life. It is one of the highest Divine qualities. These things we mentioned above are things which negate Humility. Remember that its acquisition is from God. It's an inherent virtue of the soul. When one becomes
one with the Infinite, the Eternal nature of pure Existence separate sense of self disappears. It's not something which is only temporary till you will slide back to your old foolish ways. Overcome foolishness with intelligence. Your inner self knows what you need to do. You need to just let go. We need to let loose more. Our culture has an affinity for the serious. We need to become more like children. Children hardy are aware of material comforts, they have no concept of money, prejudice is not in his vocabulary. Your compelling Grand passions for Good are the song, the voice of your Soul. The soul's passion is born in us. No child has a cold heart, it is we who loose sometime a portion of this youthful heart, our inner warmth. Some where in our life aspects of one's inner warmth, sentimental nature can God forbid be killed, choking off, chilled, atrophied. By our own neglecting to keep it alive. The process of "growing up" many times does violence to one's original nature. People learn to harden themselves, they can even become "fake", cold hearted, artistically stale, insensitive, insensitive and cruel. Arrogance is not found by young children, they are naturally humble and remain this way until becoming corrupted. A young child believes he can do any thing. So can you when you sincerely work toward joining every part of your being to become subjected to God, and this is your only delight. According to one's connection to God is their appreciation of aesthetics, and the degree of delight they find in pleasure in general. God is the source from which comes all types of pleasures in what ever it is that you like. While partaking of pleasure feel its source in God and thereby draw close to Him through the enjoyment. The true great good, delight, and pleasure is only God Himself. He places as if concentrated bits of the manifestation of His being in everything. You will be better able from your closeness to God to appreciate music and art. You will be better able to release and utilize Divine power to soothe and vitalize your mind and spirit. When one comes back to the grace of God. God loves them even more because he knows about the bad they were involved with, and how much they have changed for him. They will be amazed waking at dawn hearing the heavenly concert of the bird. They will want to join in.

In truth, all of the self’s "somethingness" casts a shadow that separates from the ultimate goal - inclusion in the infiniteness of God. Put a needle to your over inflated ego. Then begin to grow. Egotism is dangerous. The influence of ego has a tendency to take one away from that which is "natural" for them, and is their true good. It can eventually lead to a type of intellectual blindness. Making one disturbed easily. Through self-negation of nullifying ego, one merits to remove the blocks, curtains, and partitions between them and the Divine light and experience the success of Godliness. Know that one who relinquishes himself can be entrusted with responsibility of even the world. Measure for measure as one nullifies the concealment made by their ego, God reciprocates and takes the cloak off of His Providence. Excitement comes from renewal, new projects, new personal interests, revolutionary breakthroughs and awakenings. It is by these things one is made lively and vibrant. Know God's creativity and effectiveness is obviously boundless. Transform your socially orientated ego to a God based ego. Not all ego is bad. There is a certain amount of ego necessary for the psyche to have in order to preserve the self and its separate identity, existence, and uniqueness. Give your ego to God. By what new dimension are you going to get close to God today ? How are you going to become the greatest spiritual being you can be. In your lifetime what new innovations will you bring to the world ?. What will you do to establish this mystical intercourse that brings forth all things and is the root of life's vital force. Its creative force knows no limits. By uniting with the creative force of the universe transformation comes to all spheres of our lives. We are enlivened when we work with the parts of ourselves that we have yet to develop. By this we can be refreshed from the root of our being. This is the secret of revitalization and rejuvenation. To constantly renew oneself,
restores one's vitality. Its much like how your body replaces all it cells on regular basis. But this revitalizing personal renewal requires a conscious effort. The power of creativity is a virtue of heaven.

Go back to the womb where it all began. You have to touch your inner being. That part of your soul which is untarnished or corrupted. When you come into contact with that part of yourself you will be filled with happy joyous intent. It is truly uplifting. Joy, the most dynamic of the positive attributes. It emanates from the supernal realm, from the root of your soul. So make sure your happy all the time, no matter what. Joy is healing. Love to laugh. Laughter is from the highest place of Divinity that we can barely touch. One who laughs is there. Try to keep a jovial state of mind. Humor can change the quality and character of our cultural life. It alters the basic texture of our thought and experience. There is a lot to laugh about. We will see retroactively how all problems, pain, and suffering were really for the best of the best. It is very good to laugh with God about apparent problems. It is a high level of expanded consciousness to feel this. The world is really quite hilarious. Don't take yourself so seriously. There is a joke to be made about everything. “It's a mad, mad, mad world!” People are always calling each other crazy. People cannot accept a level of truth deeper than their own. This is a world of falsehood. One who is commonplace has an identity crisis. The deeper the degree of truth, the crazier it looks. Just keep going deeper, He's going, going gone...! “They’re coming to take you away old chum, to the funny farm - where life is beautiful, all the time!” Through gladness destructive forces are dispelled. One who is jovial enters into the Divine space. Through this, the Divine presence rests by them. Joy is the natural condition of a human being relating to the Creator of the universe; it runs deeper than pleasure. If you get closer to the source of your soul which means getting closer to God even your food will taste better. You will be able to find more delight in all things of aesthetic value. This adds much fervor to life. The greatest pleasure itself is coming close to God. Here one can also summon the “still small voice” of God from within their soul. One must just open their mind and grow. Know, God can take your mind into a state of great speed, infinite expansion, unlimited ascension, immutable calm and unbreakable endurance among other states. Be aware of the true sacredness of one's life. Through closeness with God he will give you dignity. What dignity is afforded a animal? Self-esteem is important because it helps you to hold your head high and feel good about yourself and what you can do. It gives you the courage and sagacity to try new things and the power to believe in yourself. It lets you respect and love yourself, And when you respect yourself others usually respect you, too. Having good self-esteem is also the ticket to making good choices for your mind, body and soul. If you think you're important, you'll be less likely to follow the crowd if your friends are doing something dumb or dangerous to your soul. But ultimately the only thing that will save us from following our evil passions is the light of the God with in our souls. Every man must make a effort to free human society from the gross darkness of ignorance. Beware of evils that have become social trends. If you have good self-esteem, you know that you're smart enough to make your own decisions. You value your safety, your feelings, - your whole self! Good self-esteem helps you know that every part of you is worth caring for and protecting. Of course it's OK to have ups and downs in your feelings, but having low self-esteem isn't OK. Feeling like you're not important can make you sad and can keep you from trying new things that you need to do. It's important to know you're worth a lot. You need to make believe that you are a Prince. How does a Prince act?. Does he act as a commoner. Think like a Prince. Speak with the dignity of a Prince. Live your life in a Royal manner. In all your engagement in this world you are an ambassador of the King of Kings the Holy one Who created the heaven and the earth. You must always represent
His Glory and Honor. It is you who brings His splendor to the world. Remember You were "created in the image of God." (Genesis 1:26). By cleaving in God’s glory which is upon His will, we cleave to the Holy King. He is with us, when we do his will. Only a life of supreme quality is worth living. A life where You are always trying to excel, existing is not enough. You must bring out the fullness of you soul. This is the kind of life that is worthy of a member of the kings household. He will not let his actions embarrass the Throne by his lackings. It is evil that is embarrassed before Holiness. But who is your real self?, What is it that brings you satisfaction? Don't treat yourself as a animal Your Godly soul is higher than your animal nature. It can separate you from godly awareness. Have mercy on yourself. Treat the gifts God gave you nicely. Take care of Your Divine image. You have this wonderful gift your soul you just need to use it. Your soul has much energy, ability you have not seen yet. The whole world was created for you. Through your prayer, thought, speech and actions that express your love for God and his creations you are a partner in the continuing of the creation of our world. Its up to you to make yourself into a dwelling place for God to dwell within, and work to reveal his presence in this world. One must look at the whole world as vessel in thought speech and action to fill with Divine light. Know that evil-darkness is attracted to light. Many of us who are now trying to come close to God have not established spirituality as the basis of our lives. Neither have we engaged in constantly purifying our thoughts, words or deeds. In fact, a spiritual basis for our lives is often nonexistent. The opposite is actually the case. The life of the average man of today is surrounded by heavy spiritual darkness. So obviously one's attempts at experiencing God may not be so successful at first. One may require considerable time and labor if only to purify one self from negativity and contamination that they had achieved tarnishing their soul in the past. Their unhappiness will then leave them also. Then they can then begin to explore the depths of the Divine relationship.

Don’t set unnecessary boundaries on your self. Thus limiting your abilities by looking at things with a “bad eye”. Don’t be the person who withholds instead of the opening the doors. All know by God there are no limits. Your soul is literally a part of the Divine. Some how we have forgotten this. From this part of Yourself Your powers are also unlimited. So break through all your limitations. The soul is the animating force of life, that part which remains after our physical body ceases to exist; and that the soul is a spark of the Divine which is intrinsically connected to every other soul in the universe. Everything in the world requires connections in order to work. Avoid the wrong links. Actualize the right one’s. Every person, connection has that which makes it tick. The way to make it work. Avoid the wrong bonds, to merit to find the right ones, and hook them up. It's is just a matter of focusing on what you want to achieve. Setting your goals and going for it. Goals bring a powerful flow of positive energy and enthusiasm. The problem is this energy, inspiration does not always last. The path to achievement may not be open forever. Complete your mission, what ever it takes. You have to give it your all. It's for this reason you have been made this way. Whether Your working on bringing peace to yourself or the world in general. They are both part of the same thing. Remember that all is One in the unity the Oneness of God. For God is the unity of all existence. Your inner peace is a extension of your love of God. This love spreads out into all that you do. You need to truly be aware that everything is one with God, as a fact. Then you will be able to fix the world and you fix yourself, fix yourself and you fix the world. Everyone is a world unto himself and in that light we create our own reality. We create the world around us, as a stone makes waves in the water that its thrown in. So please pray and work towards in anyway you can the Healing the environment, conserving our natural resources, cleansing our air and purifying
our water supply. As for now this is the only world we have to live in. Working towards its health is righteousness. Sages in earlier generations attained oneness through righteousness. It's by such things if they are done for the sake of heaven will strengthen our connection to God. All these things are working toward the ultimate goal of world peace. Be anxious for world peace. A truly virtuous person can not be indifferent to the troubled world in which he lives. A person of wisdom can settle disputes with firm understanding that is balanced and true. Know that conflict taken to extremes leads to armament and war. Peace doesn't usually come from the barrel of a gun; it comes from the heart. Only God will be able to ultimately achieve this, but we can help. A lot of people are going to have to wake up from their blindness, before it's too late. The little that each of us do does help to bring awakening of a universal Divine awareness that can prevent calamity. Plans must be made to foster life, not to kill. This will be a lot better than a big war with the crisis of total destruction as its outcome. True peace comes from complete union with God. Through peace and balance we return to the core of our being.

Don't go around talking about "this is no good, and that...". Don't live your life talking about the negatives. Living the negative, live a positive life with flair and courage. If you think negatively things are likely to turn out that way. No matter what happens to you, especially when you have unexpected problems of any kind. You need to keep yourself thinking and acting positively and creatively. Assure that your attitude is the very best. Think good and it will be good. It is not at all psychosomatic. A person is always thinking. Thoughts create realities that endure forever. Remove negative, self-destructive, damaging things from the mind. Strengthen, upgrade, and elevate all good things. The faculty of thought is above all others. It reaches to where all other abilities cannot. Motivate yourself your personality, posture and you being will also motivate others in a positive way. You need to focus on the solution rather than on the problem. Solutions are inherently positive, whereas problems are inherently negative. This will help you to keep a positive attitude. Find the good where ever you go to look at. Accept everything with a positive attitude. Make this your focus. Make it a point in your life to find a point of goodness in every one you meet. Something of redeeming value. Always judge in a scale of merit, seeing, and emphasizing only the good in everyone you meet. Look at the good in all people. If a fire in the fireplace has gone out, the way to rekindle it is to find sparks. So to a human soul, uncover, and fortify its sparks. These are the root of their good qualities. Don't focus your thought and speech on someone else's negativity. Baseless Hatred usually comes from a lack of understanding of another because they our different then ourselves. This is no way to react to some one we really don't even know. Beware, people regularly create situations that are irritating or upsetting. Other people can become demanding and overbearing. Don't have a distrustful, argumentative, envious, irrational, inconsistent, bigoted, prejudice, disruptive, unforgiving, unsympathetic, Judgmental, materialistic or a superior holier-than-thou attitude. One of impatience. You can't always be insisting your right, this is self righteousness. No one wants to be around someone like this, especially God. One should always think about where they want to go in their relation-"ships" and act accordingly. Choose where you want the relationship to go and carefully plan and work to get there. You should not leave your destination to chance. By carefully directing our relationships thoughtfully they will get us to where we want to be. Our relationships won't end like a "shipwreck". Seek harmony in family relationships. Seek peace and harmony in all relationships. In relationships between people whether its concerning your relationship with your wife children parents, friends or even some one you may have just met. The root cause of many problems is due to miscommunication. It's important to recognize this and work to correct this problem. This may involve saying something to a person
in a way they will be willing to accept what's being said. In truth, this is a foundational quality to acquire and utilize in regards to many things. From being an effective leader, having quality relationships to selling anything you must know how to speak so that you and your words will be accepted into the other person's heart. Everything depends upon your presentation. This involves making sure your word can't be taken as being offensive. There usually a positive way to state something. This will help to bring the great happiness of harmony more into your life. You can speak from your inner spark of your Divine soul to another's soul, not just their physical existence. What this boils down to is that even someone who is always involved in business can really speak to God the entire day! So watch what you say, carefully. Your tongue is dangerous it is guarded by your teeth and lips. Work towards having no flaws in your speech. If you speak in a positive way the person your speaking will not be offended and take offense. They will not be forced to become defensive. Controversy raises and elevates a person to having increased Zeal in the service of God. There are endless reasons why people don't get along with one another. When relationships become labored, it's because we play into someone else's behavior. We allow it to happen. You must be willing to accept other people's differences. The first foundational hurdle to scale is acceptance of others. This means treating other people the way you want to be treated. This will help them to accept you. Respect is about accepting people for who they are, not about accepting bad behavior. Have Respect for others. Let people open up to unburden themselves. By permitting others to unfold and unwind according to their own timetable requires that we trust their intrinsic righteousness and dignity. That means to accept others just the way they are, with all of their hang-ups, faults and unruly behavior; we don't have to condone anything. You don't have to conform, agree, approve or praise; you just have to accept unconditionally. It takes unrelenting effort, but that's how understanding someone else comes to light. "What goes around comes around" if you want people to hear and receive what you have to say, you better learn to become a good listener. Be "alert" to what others have to say. Many times people just want someone to listen precisely to what's on their mind, especially when they are hurting emotionally. They don't want anyone telling them anything or what they should do. They just want to be heard. Listening is an art we seemed to have lost. But by listening a good person will make them feel worthy and cared for. Then they will listen to what you need and what you feel. Listening really gets people's attention. Then you can get to them. It is best to not talk to much but to speak to the point. Then you can get your point across. Getting to know someone who's different than you might seem a little uncomfortable at first. Realize everyone has something you don't have. The wise man is one who can learn from every man. Honor the wise with respect. A wise man reveals the will of God. Every person has something unique to offer the world that God has given them. Always have something to give others. Every individual is valuable. If you can, recognize this in every one that you meet. Don't let your ego stand in the way, but do have undaunted moral courage. Uniformity is not a prerequisite to unity, and it should not be. Each soul is the source of a certain peculiar life force of the world. When you gather people that are far away from God and raise them up bringing them closer. This is like the Stocks you bought at a low price have gone up real high. The whole point of creation is to elevate what is low. This is as illuminating the darkness that is in the world. If you are presented with an opportunity to help someone else your first inner motion should be to want to do it, not to look for a way to get out of it. Don't be callous not caring about anyone but your self. A person should be loving. Sometimes one needs to lower themselves to help others. There are many rationalizations that people use to justify selfishness. Help anyone you can reach a place of integration and unity within themselves, and with God. Spread love, joy, and
benevolence in the world. Social well-being derives from universal love. There is a
certain moral strength with a united people. Once you have made it across the great divide to
Divine awareness, you may turn and help others to do so. There is great merit to the man who
takes on the responsibility of transmitting the Divine revelation. They are illuminating the worlds
darkness. High beings are those who help all people. Be impartial so no one is neglected or
abandoned unjustly, or frivolously. Be always willing to help others selflessly and
unconditionally. Even if it involves personal loss. From helping others one comes to realize he's
really helping himself. Know, one's benevolence is enduring and endearing. It is up to us. Will
we make this world which God has given into our hands a hell of insatiable greed, jealousy,
envy, anger, hate, non-feeling, ignorance and unfulfilled desires? Or will we chose to live in a
world of love and peace? Where every one is looking out for one another's best interests. Will
you Ignore your soul, and choose to live life as any other animal which has no Divine awareness.
Or will you make a concerted effort to find out about the salvation of your soul, and then act
upon this awareness. By actualizing the light of God in your psyche. The result is true tranquility,
peace, and inner harmony. No matter what is going on around you. Love your life. This is not a
joke. This is serious. This is your life we are talking about, your soul.

Many people say they believe in God. But what is this really worth. Most people if someone
offends them they will remember this for years. If they misplace a few dollars they will look
around the house frantically 20 times till they find it. Things such as these they may struggle
over, and it will bring them to great anxiety and worry. But will you struggle for God like this, is
it such deep concern to you? Do you keep a lock on your mind to prevent its attention from
being stolen away to vanity, to keep bad ideas from intruding, to stop negativity from disturbing
the essence of your being, your soul?

One who deviates from the way of God, this deviation keeps him away. One who separates from
wholeness in their life, from God and virtue. Becomes one with separation and is lost. Your
living on borrowed time based on your deeds. Don't waste any more time, what is gained.
Laziness will get you no where. Don't live for the moment, but for that which is eternal. All day
long our minds are busy planning, calculating, reasoning, remembering along with a whole host
of mental activities. We’re all over the place, but not here, now. Sometimes we need to give
ourselves a brake. We’re always thinking about what happened or what will happen. That’s the
root of all our trouble, the stress, the anxiety, the anger, frustration, self doubt, tension and the
fear. Meditation teaches us to control our thoughts by paying attention to one thing at a time. As
a result we enter the present moment. It is here where we really have "space" to concentrate
clearly on ever it is that we want to accomplish. Then we can lead lives that are more rational
and effective. But, clarity is essential. It is here that there is made an opening for that
breakthrough or transcendence beyond oneself for what ever purpose. If that present moment is
contemplation of the Divine. Here there is no confines of time. This is beyond measured space.
It's timeless space, where there is no past and no future. Here all of our worries cease to exist.
When you keep a consideration for eternity in the formula for your life it will be different.
Meditation is a way of life. Cultivate yourself so to be ready to live in the spiritual realm. God’s
energy should pulsate in your heart and permeate, invigorate, and enliven your entire being. It is
an electric, dynamic, fluid consciousness of God that gives existence to all of creation something
from nothing every single second. One needs to restore wholeness of Divine consciousness that
has become disturbed, fragmented in our inspirational creative level of consciousness, one's
intellect, emotions and their actions. If one succeeds at this it is possible for one to become Holy
and pure it is possible to hear the voice of God as when all the people heard the voice of God
speaking at Mount Sinai. It is possible to put oneself back together, doing this is the reintegration of the creator with in the creation, of God with your soul. By living engaging in Divine meditation, acting with good character, kindly to all creation living peacefully you will realize the Supernal things and be happy in this world and the next.

THE DIVINE COMMUNICATION

If there is a God shouldn't we be able to see him ?. If we have a soul shouldn't we be able to perceive it ? We never really understand these things until we experience them. We have to see and feel these things for ourselves. Each of us needs direct experience. Since the dawn of history there have been recorded many "supernatural" events, and things of "spiritual" phenomena that individuals experienced. Some phenomena are very subtle. Even once in our history the whole Hebrew nation, together over 600,000 people, experienced the Divine presence on mount Sinai. There were also many prophets. In ancient writings we can learn of the meditative techniques that were used by the Biblical prophets to reach their spiritual awareness. These practices involved repeating a Divine name over and over many times to induce a meditative state, spiritual consciousness. The name of God is attached to God. The sound of God’s name is of Himself. When saying the name with intention one is in touch with God. One is engaged in ultimate engagement with God by engaging their tongue in his service. By God’s name one is purified, it can deliver one from death. The best time for meditation is early morning and near the time the sun sets. This can invoke direct Divine energy in a mental field, including the subconscious. One must build up the subconscious and strengthen its powers, open the subconscious mind. Meditation will help you to counter mental stagnation and lethargy bringing in its wake happiness and "Divine" abundance in all its forms all according to the "invocation" of the meditative technique. There are also controlled breathing and movement involved in these meditative techniques. The methods from these ancient schools of meditation require great preparation, and extensive knowledge concerning Divine Names and their proper ways of Application. These techniques can be dangerous for those not adequately prepared. Know, speech is energized by breath. The Mind can draw energy into breath through though and will. This type of breath will pervade the entire body and the external world.

Another ancient meditative practice is prayer. By this also one may experience the mystical moment. By meditation one can develop and energize their own God given powers and learn to better channel "Divine" energies for self improvement, that will not be limited by constraints of ego. One who prays must direct his eyes downward (humility), and his heart to on high. From here they will acquire the power called faith. Faith encircles you. In one’s heart they should imagine they are standing in Heaven. One needs to rid their heart of all worldly delights and bodily desires. As they can lead one to be "deranged" overcome with insatiable cravings. The spiritual heights are attainable only when one frees themselves of such human concerns as pain, anger, anguish, nervousness, irritation, misguided and misdirected motivation and strife. You need to be far from baseless hatred. What you take in from the external world will determine whether you will become deranged or established. Don't bring illness to your self by taking in "bad things", but take in and share only those things that are surely beneficial to your body and soul. By this the mind can become restful and can find true serenity. One needs to have a extreme desire to be free. If a man was tied up so that he could not move his hands or his feet. Then a burning coal were placed on his belly he would struggle with all his strength to throw it off. One must have such extreme desire if they want to achieve closeness to the Divine. If one wants to
Cleave to God in the meditation of prayer they need to divest themselves of their body so that their soul may express itself. Don’t rely on your self alone ask God to help free you from the bondage to your body and the limits of its senses and desires. There are many men who are confused. They think “I am the body, this is my self”, this is a great delusion. They must forsake this narrow view of self. Most people's minds are under the control of their bodies. Many have never taken much of an effort to develop their minds. But it is through the soul's powers as expressed by our minds that we are differentiated than other animals. But there are those who don't know this and have trained themselves to see themselves as only their bodies. Like cats and dogs all they want is food, sex and sleep, their soul and higher intellectual powers, they don't know. Some have problems concentrating. There could be many reasons for this. Just as unworked physical muscles are flabby and need to be exercised, so it is by mental muscles. Laziness highly impedes their growth. The cranium needs to ‘workout’. But there is still something special about the mind: It requires extra help from heaven. Ideally the mind should be an instrument in the hand's of the soul. To be a proper vessel for one's soul they need to learn how to control and command to cultivate their mind. Do you control your eyes or do they control you ? If one can't control their body how are they going to work their soul ? Most all of our waking hours are centered on what the body wants. Its as if we are on auto-pilot. Most of us are like spoiled children whose minds do what ever they want. One needs to banish all thoughts from their mind and heart so as to be alone with God. Know the main thing for connecting to God is the heart. One must rid themselves of their ego so that there is nothing left but God. One can reach a point where there dissolves all consciousness of self. One of the main ideas of meditation is to reach the simple, indivisible, removed inner essence. From that place one can experience how the self is a pure, simple, unrestricted light. Know that Love dwells and a latent quality within your heart. When one purifies their heart by Divine wisdom and meditation this natural love in the heart is awakened. By meditation in the fullness of one's consciousness. when one's mind is truly attached to the God, one can come to know the presence of the God without doubt. Once one's soul has become attached to the God in a revealed way through doing acts of Divine service and meditation. By this lifestyle you will come to be aware and know God with out doubt!

One must focus their mind on one idea, ridding themselves of all strange thoughts. You need to cut through the somethingness, removes blocks, silence the static thus affording your Divine soul the opportunity to connect above unhindered. In simple terms, the chattering monkey, internal dialogue and ego divert the self, and keep it preoccupied and in a drunken stupor that separate it from its Creator. One must quiet the waves of their mind's thoughts, and this is not easy. The mind has a tendency to wander we need to take control and drag it back to its place. Most of us suffer from sensory overload from Television, radio, computers, newspapers books and everything else. We live with sensory overload. Most of us are so accustomed to this that we do not know it, and we have become hostages of the allurements of our senses. Even if one discovers this is the case they have no idea how to “turn it off”. It takes a concerted effort to take control and quite the mind, so one can freely think and "hear". To accomplish this, to calm the restless mind, one must use discretion concerning the intake of sensory impressions. Sensory impressions are the main food of the mind. The silent mind becomes a lens that reveal our true self, our true inner voice, pure awareness of the inner energized sounds and lights of God through their soul. There their mind can move freely and naturally to find the deeper truth of life. Expand your mind and heart with your inner light so you will be able to "grasp" and reveal the truth. Let your mind soar with out loosing focus. When the mind becomes free from
fragmentation of thought energy of awareness manifests in the mind. With practice though it can be accomplished. The effort to get ready before talking to God draws Divine assistance from on High. The engulfing Divine light extends down from a lofty place to engulf the person there and grant a feeling of the Omniscient, surrounding, ever-present Being. It subdues the storm wind of nervousness in the psyche and grants calmness. It is from this clear starting point one may enter spontaneous prayer. One prays to God in their own words. They ask him concerning all of their needs. To drawn them close to Him. To show the way. There are many solutions to difficulties. The key is to get the right advice. It is worth taking counsel and discussing all issues with God. Ask Him for just the right guidance that will solve all your problems. You will find His advice is the depth of your heart. Ask him to help you become Holy. This will not be able to be accomplished in a day it is tremendous work. One must struggle for years if they are to become Holy. There are those who never fix their mind deeply on any idea. They only occasionally seek to amuse themselves with religion or philosophy. To them these are only objects to entertain themselves with. These people truly are ignorant and dull. They are not persevering. If they happen to learn some thing worth while, they quickly forget all about it. If one only dabbles a little here a little there they will they will never attain anything. You must as in any thing set goals map out a spiritual discipline and supplicate to be successful to fulfill it. There are many things that are fitting for the soul. There is too much to do. If you try to take too much too quick you won't get anything. One can't be partially involved in their spirituality. This might only yield partial spiritual development. Spirituality requires your life, its not a part time job. One lifts themselves to oneness with God through complete dedication. A complete commitment is required, or else they will remain slaves to their animal nature, desires, shortcomings, idiosyncrasies and will never be able to transcend this orientation. The liberty of thought, the force of creativity is one of man's greatest virtues. Its denigration and suppression makes man only a slave, having no thought of his own or opinion. Many are swallowed up by the "norms" of those who do not know so much. Others intellectually learn understand and then come to accept the unity of God in the universe. This is different from arriving to this knowledge from direct spiritual experience. Knowing about something is alot different than doing it. It does take years to learn, in a instant is realization. You may believe, but what are you doing about it. If you believe in something - do it all the way.

There are other people who will turn to God when they have nowhere else to turn to, God being their last hope. He is their place of refuge in their storm of troubles. Some of these will ask for relief from whatever distress they have brought upon themselves. Others come to God asking Him for fame, wealth, power and material things. The proper reason to seek your creator is to know Him, and then live a good life guided by the highest truth which is Divine. To succeed you will need tremendous determination perseverance and will. Books are infinite in number, time is short. So take what you need. You have no time to waste. Time is one thing you can never replace. Every moment you can evoke the Divine energy while you still have a body in this world. So don't waste your time. If you miss the truth God wants you to learn this moment, you may have a difficult time catching up with it. Try diligently to live up to what you have learned. Also know that much of "religion" has become so degraded it is not far from a sham. Years can go by without anything spiritual being attained. Don't become lost in theological ideology and dogma. Or religion's manner of habitual rituals done in rote. Don't be fooled strive for divine awareness the "Spirit of Holiness" . This is the ideal. On this should rest our dreams and hopes.

One must transcend the mundane state of consciousness, by having no external thoughts. You need to tune out the chatter of the many voices clamoring in our minds all day. This will take his
prayer from being just empty words. To prayer in a meditative state of consciousness. Prayer is a
state of being. It is not always easy to "talk to God". At first one may just not know what to say.
It's like being a baby again. Here one has the original qualities of their being. One must learn
again how to talk. Speak from the vital force of the new born baby with in you. Babies don't have
a problem making noise. It's like being shy. People become so shy they are afraid to pray to
God. Don't let your shyness keep you from talking to God. Be persistent this type of shyness
will go away after you get adjusted to talking to God. If this is the case just say "I do not know
what to say". Let them say this repeating it over and over till they know what to say. Pray to
pray. If one's heart is too heavy and he is unable speak to God he can still moan and sigh.
Eventually the right words to speak to God will come. By the development of deep undivided
concentration in the meditation of prayer eventually great amounts of time will pass unnoticed.
It's like when we are reading a book that we really enjoy. We can sometimes be surprised to find
how many hours have passed. Time has a tendency to be unified in the present. Where the past
present and future become one in God. Transcendence of time, space and "fortune" in the Infinite
Eternal. Such a state exists when prayer is elevated to a meditative state of consciousness. The
Divine presence rests on the heart. Through warmth of heart one dispels impurity as fire dispels
air. Just empty you heart to God. Let him help you through your problems God is the ultimate
psychiatrist. Conversing with Him leads to real healing. Talking with God is like taking a rocket
ship into the next world. It is a portal into the eternal dimension. It is a window into the above. It
sets the head straight, puts things in perspective, and balances the books. This means simply to
get out of the small-minded headset of seeing things in the temporal moment and seeing things
from the expanded look of forever. “Return to eternity.”

Constant personal prayer builds a strong bond to God. Just as when discussing a problem
with a friend makes the problem seem less difficult. So to by discussing your problems with God
they will then seem as nothing. As with God on your side you have nothing to worry about. It is
better than a hotline to the Whitehorse - it's a hotline 24/7 to the Creator of everything, God
himself. This awareness itself is one major step of liberation. He is the Cause of All Causes. All
depends upon the degree of closeness to their blessed Creator. One needs to feel embarrassment,
shame because of how far they are from God. By this they can be aroused to the Boldness of
Holiness. The Boldness of Holiness is achieved through joy. There are many, many levels. When
one stays at one level they become desensitized to the reality of that level, and fail to feel its
spiritual nature after a while, as it becomes so usual to them. One must always be actively
seeking to rise up the heights in Holiness. The "powerful" people in the world have great will
power and are able to call upon and concentrate Divine energy. It is so powerful that it effects
others in a moment. Thousands are drawn towards such people. Many come to think as they do.
Their thoughts are almost contagious. It's like every one wants to be with the "winner", but it is
more than this. Tremendous will can sway the world. All manifestations of power arise from its
control. Thought is force. Take the power to grasp the highest, guide yourself with perseverance
so that you may attain it. This way one can keep themselves in prime spiritual state. By your
connection to the infinite powers of God through your Divine communications you will establish
a direct link to the Divine that will inspire your tongue to be articulate, artistic, and aesthetic. It
serves as on the job training to become the most effective salesman, spokesperson for what ever
line of work you are in. It will lead you to become a most accomplished orator. 

Through prayer one draws life-force. God’s energy flows throughout the universe. That
which you would call “God,” You are an individualized piece of that power. We really are
individuals. Through awareness we can shed our masks and become the divine beings that we
were meant to be. Once we are on our most productive path, we become more energized by the Divine so to be instrumental in repair of the world. We need to be reflective so to light up our mistakes as well as those of others. We are sparks of God. As the energies filter down to the human level, to the individual soul, they tend, for a number of reasons, to become skewed or unbalanced. This is because of the defects we cause to our souls by refusing to fulfill Divine will or doing its opposite. It's like high voltage transformers that step electricity down to usable levels. The soul is then the interface between God and our own personal energy field. Everything there is comes from the flow of this abundance of Divine Energy. In reality all there is is energy. As such everything is one continuous substance of this Divine energy, on every plane of existence. The whole physical world is one. You and the planets are part of the same infinite ocean of matter. Just different points in the Divine energy's configurations of distributions. So all is in reach. By being included in the Divine oneness lost sparks will be restored. Then one must simply learn to ask God for all that they need both materially and spiritually. Your communications with God should be the most personal thing that could be. Ask God for anything. Those things that are large and small. Each detail is as wire of connection. Your words creates vessels to receive the Divine flow. They can gain access to the very powers of creation, those that can change nature itself. There is a lot of bad things that happen in this world who knows what your prayer will save you from. Many times it will make or save the day. Pray to god you don’t damage others. Pray for peace and happiness for all beings.

Ask God for the food you will eat, clothing to wear, livelihood, healing for the sick, and to have a roof over your head. Don't take these things for granted. Don’t think it is beneath your dignity to ask God for something small or relatively insignificant. Never forget God is not your supply store or your order taker.

Prayer is our response to the lament of the soul. When we’re alone, when we’re frightened, we reach out in prayer to the Holy One for a helping hand This way one can have God's help at all times. One must come to God as a beggar. Plead before the Divine presence. Arrogance has no place before Him. A poor man always has his "heart in his hand" when he prays. He knows he has nowhere else to turn, and on this his life does depend. It's good to pray in the middle of the night, pouring out one’s soul before God. Praying for the needs of their soul. Midnight has a redeeming force. Getting up at midnight itself intrinsically negates obstacles between the mind and the heart. It is the master key/grand sweetener/ the jackpot that wins the lottery, and ameliorates all forces creating obstacles across the board. It is a portal to the next world... It is the hour that gives you a hold on the whole day. One can link to the transcendental, elevate, and liberate themselves by talking to God in the powers of this special hour. It is the special, unique, most precious moment. The early bird catches the light... Utilize the ethereal gift of the choicest time of the day. This was King David's main time of Meditation. King David also talked to God when He laid on his Bed before He fell asleep. This is one place one is hidden from the sight of all others. One should review all that had happened during the day. If there is something that he would like to accomplish let him talk to God about it, before he goes to sleep. He should repeat his desire 40 times. He should speak out his heart. Speaking as a child talking to his father. The middle of the night is a good time to be quietly in seclusion with God. Speak to God in awe as a slave before his master or a child before his father. It is good to take time regularly every day for this practice. One needs to just converse with God. This can be about the problems and difficulties he faces. His requests to the Creator. An expression of his desire for God to draw him closer. To arouse the love of God contemplate in your heart concerning his love. Love of God is a shield against misfortune. Love, whether for yourself or for another, is not a feeling or just an
emotion; it is a form of divine energy. This energy which pervades throughout the universe and manifests in the form of caring, sharing, commitment, healing, and awareness, generates the special feeling we call love. Love is revealed only when it is desired by Heaven. All the favor You have found in your life, and all the misfortune God had delivered you from are all from His love. Most of His saving Grace we are completely unaware of. How many times have you barely escaped from disaster? This is all by the Grace of God that was displayed to you because God loves you. Consider that your love for your parents, your wife and children are all extensions of your love of God. Also know that especially your relationship with your wife reflects how you express your love of God. By this she will be your problem or your helpmate. One who goes out of his way to relate to their spouse will find that their soul mate brings them to a new dimension of life. One who is self centered and egotistical will find it more bitter than death to have to be responsible and considerate to relate, and give to someone else. Often another person is mistreated. Instead of blaming the other for this. Know, Non doing is a action and has its results. Consider that your own actions affect how others, and particularly your spouse, act towards you. Deep messages sent from above to each person through their spouse. Whatever is going on in your relationship, express every detail before God in truth and you are guaranteed connection to Him and will be steered concerning what you need to do. Marriage requires cultivation of the partner's mutual energy and emotional composure's together. The primary motivation guiding all aspects of the relationship should be spiritual, not based on the sexual impulse or financial considerations. In all your actions don't act according to impulsiveness, but centeredness. Know that love is not a feeling of closeness, but longing. You feel you're been away from God because you did not talk to him, even for just one night, it can be tough. You feel the lack. You realize the loss. When you become used to having these Divine communications. To arouse a conversation. Think about how lacking you are concerning the knowledge of God, because of this it has become so difficult for you to even speak to him. It is not like during the times of the Prophets, when God openly revealed Himself. Speak to God about it. Until this arouses a certain pleasure. Just talk to God about love and you will feel closer. Especially at times when it seems impossible to find a word to say. If one can find an hour of each day for this purpose they will find that their days are filled with a added quality of pleasantness. One needs to make an effort to talk to God. The amount of effort a person involves in a given thing reflects its value to them. Don't let incidents of the past interfere with your current relationship to God. Find instead with reconciliation deliverance from evil and reward in the next world. You should be sorry over your deeds and make a spoken apology. People aren't perfect, and they sometimes do things that get them into trouble. Saying "I'm sorry" can help. When apologizing You might also say that You will try to do better. You might promise to fix what was damaged by your actions. Or take back a evil thing you said. Saying I'm sorry when you need to is the right thing to do. It does a lot of good. But by itself, it might not be enough to make everything all better again. Sometimes along with an apology, a person needs to fix the mistake or say they will try to do better. Sometimes a heartfelt "I'm sorry" fixes everything. But know these things have past and are over. The time is now. Encourage yourself be stubborn make yourself talk to God. Be like a person speaking to their friend. Do this till your heart is aroused arousing tears or laughter. This does not come easily as from the heart to action are many worlds. This is the difference between conceptual and actual. Speak before god concerning your true feelings, don't pretend. This only detracts from the meditative state by confusing things, be yourself. The toughest thing about feelings is sharing them. This will help you to get closer to God. You have to figure out what feelings you have. You may want to repeat some thing over and over till you feel the meaning of the words of your
prayer. Through such persistence you will come to find more of what you need to say. Each word is precious. Who knows the power of our speech. It is by this power that we are separated from lower animals. Know that the words of your prayer after they leave your mouth stand in the atmosphere, they are not lost. In the time appropriate God will fulfill them. Your talks with God can affect, improve, and embellish anything. In aspect of the divine word the Creator breathes into the Divine word immortal soul. It is the vibration of universal consciousness which is the origin of space, time and all states of consciousness. Vibration of energized Divine word.

Speech has the power to awaken us, to awaken feelings from our spirit from the depths of our heart. To bring us to a awakened state of expanded consciousness unimaginable. Talk to God say as many words as you can with your mouth. The awareness of your heart will then follow. Such speech can bring revelation of the spiritual and meditative powers of our souls. This type of speech itself has great power. From speaking to God very much, this self expression can bring one to the point of experiencing the feelings of great longing, desire and passion that exist in the soul to return to God. To achieve this end a person will be helped by God. As this cleaving is his desire and is according to his will. He will help if his help is desired. Then his speech will flow freely. He will then be enabled to speak to God as easily as if he is speaking to his best friend. This was the way of King David. We see it in his Book of Psalms. He was constantly expressing his feelings and thoughts before God. King David spent his entire life in prayer. It was by this that he became worthy and able to write the Book of psalms. He was always making his heart humbled before God at all times. This is a main pillar of the ancient Holy path that was walked by the Patriarchs of the Bible by Abraham, Isaac, Jacob, Moses and all the prophets. They all talked to God all the time. We see this from All their words in the Bible. They asked God to have mercy. They prayed for the future. They prayed asking for the kindness of God. They always turned and talked to God in times of trouble asking for deliverance and redemption. They cried out to God. They prayed for all the things one needs in life. The Biblical Matriarchs were also always involved in prayer. We can also learn much of the way of prayer by their many prayers in the Bible. You yourself can right now begin to walk down this path of Spiritual awareness, God consciousness that led the prophets to knowledge of God. The soul is knowledge. Being an innate faculty of intuition and insight is one level of its powers. Its intuition knows the whole picture. This is one of the ultimate truths of nature. Know that inspiration is in everyone's nature as it was with the ancient prophets. But you must develop these profound spiritual abilities. Personal spiritual development. The methods for doing so are to be received by those virtuous individuals who prepare themselves adequately. Their ability to understand comes as a reward for their righteousness. One just needs to begin sometime. Talking to God is so high that there are tremendous obstacles to it. Something so simple and easy can be extremely difficult. One may not be able to find time. Just Talk to God- Do it Now !

Express everything in Your heart to God. Just speak out. No matter what. Let your speech flow as a River. Speak about the past. Talk to God about what is currently happening in our life. What is going on. When you are not sure what to do, ask God. Don’t rely on the fact that God knows your unspoken thoughts. Speak out, the words themselves have power. Tell God what you are going through. When you take leave of your sojourn with the holy One, do so with parting remarks. Know that man is free to make plans, but their outcome is not guaranteed unless God allows it to be. All that happens is controlled from above. Talk to God about it. Realize that it is God who created the world. and is continuing with its creative process. If you knew the whole picture your life would be a different story then as you perceive it now. If the world that God created contains so many mysteries we can't understand. How can one even begin to think they
can understand God or what he does. Even involving their own personal providence. Even so it is best when one comes to understand that all things that happens in one's life are just and according to Divine will. God guides our lives in a very personal tailor made fashion. One needs to deepen their mentality and probe to understand what the hints are. The God guides us in a way in which we can grow. Recognition of God in your life today gives birth, brings out, and manifests the essence of your true being. Open your eyes. See and internalize the lessons from Divine providence. Listen whether God speaks through his prophets, and sages, the Bible, His creations in nature, events in history or from events in a individual's life. To understand the Divine interactions in our lives one must know that all the events in their life are part of the same story. One must view these things as all related. Your life’s story are as pieces of a puzzle, with the right focus the whole picture can be seen with stunning clarity. Then you may be better able to understand what's really going on. All these are his communications to us. Sometimes you need to learn to read between the lines to grasp what is not openly stated. Eventually you will develop the sixth sense of intuition, it is received from above. We live in a universe full of messages from God. The world itself is his school room. All its walls are full of charts, diagrams and instructions so that there is left no vacant place. Once the gate is open, a person can see Divine messages are sent to him in whatever place he looks at. Being connected can serve as a hotline to grant knowledge of what Providence is doing in the world, on the macro-level - and with the person himself, on the micro-level. When the wavelengths are cleared by our lives coming closer to be more aligned with ultimate Divine will for us the power of reception will become more opened in the psyche to hear the messages that are constantly being given. The mind becomes lit to fathom the hints given and relate to God from them. As from the infinite Divine broadcast. Perceiving the underlying unity of the performance and interaction of Divine providence in your life brings joy. The joy opens a channel of inspiration, intuition, and innovation. A radio broadcast travels great distances yet is unseen, such is the Divine communications. to these communications are a broadcasting and receiving mode. The receiver and transmitter for this Divine communication is your soul, God is there with you.

If one cannot recognize, understand and see Divine providence in their life ask God about it. Don’t be satisfied with superficial answers, a man is deep. Search for the depth. But to begin with one must first be willing to see, to listen to that small still voice within. Then they can begin to understand what God is trying to teach them. Know, the creation was made in order for you to get to know God. You must be focused. Remove all distractions from your mind so that you will be sure to get the message. Just shut your mind to outside influences and devote yourself to developing the truth that is within. This will help one to be able to put themselves into their words. Ask God to help you become one and live with the lessons you have learned from recognizing Divine providence. Talk to God about all one's personal battles. Come to terms with your Creator. No need to be a coward ever. Ask Him to make you brave and Strong no matter what happens enabling you to overcome any challenge. One must not stop until they are answered. No matter how long it may take, continue to talk to God. You will be Answered, this is a absolute certainty. Many time requests require “lobbying” heaven for forty days in prayer. The test of this world requires that there always be free will. This means that, to varying degrees, there is always a cloak over what is really going on. One of the main ways that this takes shape is that prayer does not always seem to be answered. At times you wont see revealed the results of your prayers. It is as if God plays hide and seek. But know your prayers have been accepted when you come out of it with strength. Never lose hope and continue to pray till you are answered and then some. Remember all this occurs because it is Your prayer that God wants.
Know, first prayer effects things upstairs, then in this world.

If you don’t like your world - change it. You can create new realities by spending time longing for the One above and expressing it. Simply desire to bring something into being for the Divine honor, activate, and enunciate it.

Ask God to help you develop into a better person discuss with Him your blessings and difficulties, good choices and mistakes, negative choices, tendencies, and acts. Collect all the general places where you know you are tended to be selfish. One by one, ask God for the privilege of being able to merit to offer them up to Him. When you actually do it, ask that he should accept it as “a sweet savor, a fire offering to God” (Lev.1:9) that makes before Him pleasure, appeases, and awakens His face to shine. The main sacrifice is selfishness - to take it and turn it into giving. This is the point of all that man must do. Ask God to help you strengthen, fortify, and improve your good choices, traits, and deeds. If a certain bad quality is causing problems on a regular basis ask God to help you overcome it. God is the best therapist. By talking to God You can also fix all of Your problems, difficulties, and lacks. Reviewing before God all the things that you should not have done, and all the things that you should have but did not. Edit, renew, and rewrite the script of the movie of your life. If a person is in need of acquiring a certain positive quality talk to him about this. Talk to God about all the details of your livelihood activities. Even the Wall Street Journal can become a thing to talk to God about. All successful and 'unsuccessful' deals should be brought into your talks. Discuss with God all details about all of your future ideas - short and long term. Ask Him what merchandise to get involved in, what stocks to buy and sell, what trade to adapt, etc. Everything must pass through the stages of thought and word before coming into action. By this you will make the right choices so to fulfill all your ambitions. The more one enunciates ambitions, aspirations, and endeavors before God, the more connected they will be to Him when they finally materialize. His light will rest on them and shine to the world. This involves the future. Ask God for assistance to uncover, unearth, and unlock the point of truth in your heart. Ask God for the privilege to see, know, and experience the infinite light. Ask God to show you the specific, tailor-made, perfect-fit work that your soul depends upon for its completeness. When the soul is in contact with this, it feels at home, is illuminated, and is awakened to function in full. Let your Divine consciousness take you home. Back to the God Head the source of your soul. This means that the soul gazes a full spectrum picture of reality by the light of its special portion. Your soul knew all these things before it descended into a body in this world. Life is a mission of seeking to retrieve this information and awareness. A person needs to find the lowest rung of the cable line of his portion, and follow it up level after level until he ascends to its highest source above. This soul connection can uplift mentality by instant expansion. Ask God to help you toil in soul work until he is able to access this root of your soul in the upper worlds. By talking to God you can conquer the whole world without shooting one bullet. But at least ask God to help you conquer yourself. Ask God for the ability to see Him in nature, and all concealed places...Know that Little by little, Providence will be revealed until the world will see. Ask god to open your soul to reveal the printout register in your mind so you may know what is going on. Spontaneous conversation with God is one of the best network-lines to receive such knowledge. You will discover novel concepts streaming through your consciousness that tell you what is going on with the world at large. This is part of the reason that many report that after these talks they return to see a completely different world. Plugging in to this headset can open to a person a tremendous power of renewal. Also know that once one is connected to a deep place inside, it is then possible to ascend to a very high place above. At times one does not feel inspired.
Nonetheless, through turning the attention to singing to God, it opens the heart to be able to reach a inspired Divine state...

Its most important to appreciate what God has given and done for you. One must thank Him for what appears bad as well as good. When something seemingly tragic may happen or already has happened, God Forbid, these are certainly times to pray, and without delay. Turn to God and beseeched Him to heal family and friends who are beset with illness. Be God’s partner and direct His divine energy into those who wish to be restored in mind, body, and spirit. You eventually may be able to help Heal people wherever they may be. Understand much of our everyday experience involves the transfer of energy over long distances -- satellite dishes are just one example. There are energies all about us traveling great distances in short amounts of time such as radio waves and TV signals. But the directing of Divine energy in Healing is a bit different. Its easier as it is not necessary for the energy to "travel" anywhere. "God fills all the world with His glory" (Isa. 6:3). Its just a matter of Invoking this energy. Its never far away.

Know, simultaneously The God dwells in his Heavenly abode while at the same time is present in every atom in creation. The God is present everywhere dwelling on the rays of the sun or the light of the moon or in your cup of water. The God its there. The God and his energy are 2 distinct things yet at the same time they are one and the same. Many times the energy is the problem itself. It can be that if one quits working on a Divinely inspired goal, its energy becomes blocked. The energy of its inspiration. It becomes trapped in us. This can cause physical and psychological health problems. God has even given the body and the mind has the innate ability to heal itself, but it requires some effort on our part sometimes to help it along. Just note what happens when you cut your finger or sprain a ligament. It heals itself; it needs no intervention. All it needs is a healing environment like keeping the wound clean or resting the sprain. The needed powers are inherent. Sometimes the body just needs a little push. Healing with Divine energy is a very natural process. In healing one should not rely alone on their own power or that of their Doctor but the Divine life force that flows through all of us. This way you will not be so limited, you must remember a human being is not only a physical body!. The body is only a encasement for your soul. Ultimately healing comes through "channels" of Divine Grace and Mercy, please God. Physical illness, psychological problems and emotional disorders are rooted in some way with not living in harmony with the universe. Bringing health and balance to the body is not something to leave to "chance". Any intelligent person will make a sincere effort to achieve this. Physical diseases have their origins in energy imbalances of the soul. By maintaining a healthy energetic body and mind you will be more receptive to the lights of God that fill and surround you. Life should be a process of purification of your body for optimal health and energy.

All the organs of the body, its fluids and its nervous system construct a intangible energy field in "super" consciousness. At times a medicine may be helpful, but God is able to send his healing energy into even bread or water. So eat for your health. Everyone knows, you are what you eat. God may be looking after our souls but our bodies are under the influence of our cooking. Know, food can be poison or nourishment and medicine. How much better is it to eat to prevent illness then having to take medicines to cure them. There are food that when eaten regularly will prolong one's life like medicine. Its best to eat "natural" foods grown in good soil in a "natural" way. There are many diets, raw foods are is harder to digest than cooked food. The key as in all things is balance. There have been spiritual masters who ate very little. Most people in their life eat many times, and need to, as they cannot draw the life force they need to exist only from the air. They may even do this more than anything else. Even 3 times a day. So Shouldn't this
behavior be constructively directed. Eat a balanced diet so to refine and harmonize your body. You will feel better, have more energy. Every one can use this. Don't eat too much of sugar, fat, oil, or animal proteins. Don’t cause yourself to die of cancer or some other painful degenerative disorder. Avoid pesticides, preservatives, and artificial additives. The bugs won’t even eat the pesticides, they don’t want to die. How about you ? In a certain sense life is a serious series of detoxification efforts emotionally and biochemically. Awareness of one's mortality. That one day their body will break down and their life in this world will be extinguished like the flame of a candle, is a great thing. As this makes us "sober". It helps us to take responsibility for the rest of life we have left and live sensibly and make the most out of it. Health is a balanced state of energy. Illness is an imbalance and healing is the process of rebalancing. Illness arises from the misalignment of the energies and healing come about by aligning our distorted energy patterns with the perfect Divine pattern that was intended. Its something like tuning a piano, but more complex. Imbalances could have a host of causes which would generally include physical or emotional trauma and stress. The source of our stress, illness and emotional problems many times is the failure to live in the moment. You can't let circumstances of any kind take control, preoccupy your mind. Know it is your mind. Take control and be here now !. Eliminate all stress, if you don’t do it who will ?. Begin the healing process by taking responsibility for Your stress and tensions. To healing are many measures, to each their own. There is energy work with stones, herbs, sound, color, vibration and the Divine life giving energy itself for us to work with. Our health care system should be called an illness care system. It may be more effective to manage your health, then wait till the opportunity arises to manage premature aging, metabolic disorders, illness or degenerative diseases.. Health professionals may be needed, but we need to do the work. Live long, health should be a serious concern to you. As there is much in this life time you will have the possibility of accomplishing if you can hold on to your body and not threw it away needlessly to disease. Be determined not to fall sick. You must feel the fire of determination. When one has had enough of their sickness they can cease to be sick. Remember that your body is the ship which will carry you to the other shore of the ocean of life. Don’t sink it. It must be taken care of. Don't leave your health to chance. Exercise regularly, use it or lose it, but avoid excessive strain on your body. Valuable exercise will speed up blood circulation and therefore metabolism. Aerobic activity will increase your rate of respiration and thereby contribute to improvement to your general state of health. Breathing well is so important. In the breath that enters ones nose is their life enjoined to them, each minute. Without which they would not be. Breath is controlled movement of life-force, out and into the body. Speech comes from breath. The mouth is connected to Divine speech and breath. Its important to do exercise that strengthens the spine, this in turn will have a beneficial effect on the Nervous system. Physical vigor is a great blessing Not only for your body but your mind and soul as well. Maintain a spiritual regiment for your spiritual health and development. You need to establish harmony of your internal energies and harmonization among them. Many times 2 patients may be ill with the same chronic illness one will die another will live. Both receive the same treatment. The Doctor can't do it all sometimes a person needs also to help themselves. Healing is soul work. 2 people can both have faith in God and yet only one may be healed as healing is dependent on more than faith. Ultimately it is the Divine energy which heals. Getting to know your Higher Self (your soul) is a loving and powerful way to move closer towards healing. Then with the help of God all will be well. We just need to continually draw nearer to G-d, the true healer. So that we can get in touch with his healing light. Light of the omnipresent, the treasure of Divine power. It will shine upon them and encompass them in its radiance. A man Who has
worked to connect his soul to its source above is able to bring his mind into a state which makes him a fit conduit of the Divine energy for healing for himself or it can be conveyed others. Time and distance are only concepts that help define our Physical reality alone.

Know that your ability to control your body should be like controlling the horses of your chariot. Your mind is the reins. According to the development of your intellect is your charioteer. Your soul is the rider. Your body is the chariot. If your horses are very strong but will not obey the reins, or if the charioteer doesn't know what he is doing. The rider can be brought to ruin. But if you can control your body so to make it act according to your mind and not by chance. And if you also develop your mind so that it can correctly direct your body in a direct way to the desired destination efficiently. There should not be the slightest separation of mind and body. Then the rider your soul will accomplish the desired goal. Ideally one's soul will creatively inspire them, so that emotionally their spirit will be uplifted. Resulting in the body being involved in inspired actions of Holiness that are very constructive. Actions that can be of valor, courage, Heroic and extraordinary. Ask God to help you with this, by allowing you to see things from a impartial, objective, unbiased perspective of truth. Then you will have great motivation from on high in all you do. The God willing you will find Peace, love, calm and contentment.

When talking to God it is best when one does not hear any other people around them, or is even aware of other people that are anywhere near him at the time. It's good in the summertime to go out into a forest, field or the desert to talk to God. Beautiful scenes in nature clear one's mental field. A periodic retreat from the dwelling places of men can be a renaissance for your soul. At times traveling will reset one's mind and relax their spirit. One should just consider that there is nothing existing but God and Himself. He should even nullify himself to the point that when he is talking to God he is not aware of himself at all. One ultimately needs to surrender himself to God. His awareness then is only of God. When a person returns from such a conversation with God he will often see the world much differently then before as if it was all created anew. In truth ultimate a man does not have to escape human society in order to make contact with the Divine and to preserve the purity of their soul's garments. In truth we were not put in this world, in human society to run away from it. We need to establish the truth from Heaven to the earth. Instead one is meant to gain mastery over themselves and improve the world. It is in this world we seek communion with God and his open revelation in out lives. Many of the greatest thought have been "stumbled upon" when one is alone in the middle of the night.

The main purpose of these conversations with God is to realize and grow in revealing the attachment of spirit and soul to God. The soul (higher Self) knows everything about us and sees the bigger picture. It has universal realization. The "hook up" to this level requires universal feelings of compassion and devotion. This will bring one into contact with the Universal life Force, know as God. With Divine help from our Souls we can know the past and guide our potential future. Your soul can be a wonderful guide. Just imagine the possibility of seeing everything more clearly. Even if one feels far from God, and is even unaware of their souls connection to their spirit and body. Even if you find it difficult to find words to say to God do not become discouraged. Know that every one at times finds this difficult. Some people find it difficult to connect to God when the feel they are at a spiritual low, while others find it difficult when they are on a high level. Become ‘The Baron of Barrenness’. All the emptiness comes from the hiding of God’s presence. The more you feel the surrounding bareness, the more you yearn for Him. The longing from such places reveals the Divinity in the void vacuum. One does not always merit spiritual arousal. Don’t ever allow yourself to feel rejected by God. If one feels far
from the ability to talk to God. They must realize that such a thing is on a very high level and is truly a matter of Greatness. One can be happy and find comfort and joy from each and every word that they are given to say to God. Just say every word with great concentration and feeling as if there is nothing else in the world. Pay careful attention to each word you are saying and this will automatically increase your ability to have awareness and concentrate. Think about the meanings of the words and their nuances. Know that talking to God is a battle. In this battle you are fighting against the evil within you. When one prays or does a act of merit all the negative forces created by one’s evil actions then cry out for their share of sustenance. What ever good he prays for they try to bring him to the opposite result. These evil forces will try to take as much of the divine abundance of blessing as they can from a person. They try to take away all his spiritual motivation. By your words you can arise victorious. You can break down the walls that are blocking your way with words. Then the gates will fly open for you. Realize the difficulties you face are really nothing, and you are about to overcome the enemy lines. Hidden inside difficult things many times is a very hidden great light Talk to God with all of your might. By this you will then see how to overcome any difficulty. Then your prayer will become fluent. The more You are connected to God at the time of talking, the more inspiration will rest on your dialogue. Your words will burn like a fire in your heart. From this fire in your heart you very presence will even light up others with light, warmth and vitality. This Divine fire is the source of the light of the love of life, the source of balance and growth. From this fire of God's love, the Holy breath of your words to God become like kisses coming off your lips. The words of your conversations with God if spoken with all your might can arouse real enthusiasm and deep feelings of emotion. Its like being consumed in fire. Know, This Divine fire is the essence of your Immortal consciousness and it exists filling and surrounding all levels and planes of existence.

When the thought to talk to God arises no matter where one may be they should not let it pass without strengthening oneself with a few words of prayer. Right then and there they must talk to God and not let the precious moment pass. He must not delay or go elsewhere but then and there talk to God expressing your spiritual desire and longing. Do not move from the spot till you have done this. We can pray anywhere. Standing on line in a supermarket, sitting in traffic, or waiting to meet someone are all appropriate moments for prayer. Life's gate opens and closes. Don’t interrupt the flow to your thoughts by moving to a place you think may be more desirable, as the place is now is the time. Not everyone is worthy of doing this. Days pass and are gone, one finds his life is over and he never took the time for this important practice of talking to God. The only time it is too late is once a person is dead. Speak to God for yourself now. You deserve it. If there is a place where you always feel something, you get a certain flash of awakening of God. Don’t let it go. It is good to constantly engage your mind in Divine thought no matter what you are doing. This builds a great love of God which will effuse the Divine communication. Take the time to stop that moment and talk to God. There is some special spark of Divine light presently present there that is waiting for you to connect it above.

Pour out your thoughts as a child pleading before his parents. As it's written in the Bible "you are children to God your Lord" (Deuteronomy14:1). Speak in simplicity as a child would relentlessly beg his father for what he wants. Spread out your hands before God and beg for his mercy. When you raise your hands in prayer your inequity can be lifted. Let them reach up to the "thrown of Glory", from where God rules. According to the depth of feeling you express you will be blessed. Prayer rises by hope and desire. Its an instinctual natural thing for you to pray. Some times prayer comes out as silent scream it involves a higher plane, the world of thought. Its power is infinite. “Sounds of silence”. The mind reaches to places that the body can’t go. There
is a scream so deep from the depths of the heart that transcends speech, cannot be voiced, and must remain silent. A person can mentally scream ‘from one end of the world to the other’. It is a most powerful sound that can pierce the universe. The Godhead descends in transcendental sound. The nature of prayer is the invocation of mercy. It’s even possible to begin crying as a child, but this will not come at first. Talk to God every day and you will become closer and it will become easier to express your thoughts more clearly. Also know that as we get closer to God we get ever more humble, as we realize who it is we are standing before when we talk to God, The King of Kings, Who is the Holy one Blessed is his Holy name. This arouses awe before His Presence. Awe is the very first step upon which one approaches the Divine presence. One comes to awe of God by loving him. From this love grows the admiration that yields respect. By knowledge of the great Awesomeness of God that we respect. One can only stand in Awe before his presence. The love and awe of God becomes instinct. It is who you are. Love is a two way street. If one walks in love with God out of humility. God will come to you accordingly through everything in this world. The whole world belongs to God to express his love. God sometimes will lower a person, so to prepare them for greatness. At times the road of life will knock us off our feet. As sometimes this is what it takes to bring us to peace and humility "at the next level". Humility is not to be confused with a feeling of lowliness that leads to depression. As then it becomes difficult to speak to God. Our heart needs to be like that of a young child, contrite, who realizes the only way he will get what he wants is to ask his parents. We must turn to God for each and every thing for all our needs. All is his to give as He sees fit. It is God who give shape to that which is yet formless. By Him there is no lacking ever. The knowledge that God controls all in the world is a treasure of righteous virtuous people. Its easiest to speak to God when we are happy so its best to be happy all day. This way you will always have splendid days. By keeping a cheerful disposition one is protected from disease, envy and jealousy. Joy is a power to concur death.

Sometimes when a person is speaking to God, God will set aside other matters he is involved with. This may even include an evil decree which he was just about ready to fulfill. Thus the world is saved from judgments. However each word may have little effect invoking mercy from above, but as time goes on the many words come together to build a vessel for the desired effect. Don’t wait till a judgment has been decided and sealed above. Its harder then to pray then it was before. Talking to God is good and helpful for everything needed. Through ones talks with God they will come to rid themselves of all fears. You will not fear any person in the world. You should know that God is fighting for you at all times. Even when you stand silent. All the more so when you ask him for help. You will only stand in awe of God. You will ascend to perfect knowledge. It is the natural process of prayer to fix one's grasp of true knowledge. The creator reveals His wisdom to those who work on themselves for His sake. Always holding on to this truth, reveals the unification of God to His world. By this He rules. Revealing God in his world removes evil from it. Prayer draws the loving forces of God's giving for the renewal of the world. Transcendental songs and melody of prayer are from the “spirit” of life resting on the corners of the lungs. The world is built by arousing the song of the flow of the kindness of God. Through this is revealed upon the individual and the world God's Kingship and Ruling. Man has free choice, but in the way he chooses God pushes him. According to what a person thinks they need God gives to them. If set your goals low you wont go very far. There are many excuses that can prevent one from making the correct choices, but do the right thing. When you do the right thing, you do what you need to do. This is your nature. It is the truth. You will find happiness be calm and end up content if you live according to your true nature. Generally, just followings the crowd
is not considered a strong commitment. The idea that "everyone's doing it" may influence some people to leave their better judgment, or their common sense behind. People influence your life, even if you don't realize it, just by spending time with you. You learn from them, and they learn from you. It's only human nature to listen to and learn from other people. Making decisions on your own is hard enough, but when other people get involved and try to pressure you one way or another it can be even harder. The artificial life of modern civilization can be on a man's heart and dreams as deforestation is to the Rain forests. Most need to discover and recover that which has already been lost. Do not be timid and vulnerable to pressure. Paying attention to your own feelings and beliefs about what is right and wrong can help you know the right thing to do. Inner strength and self-confidence can help you stand firm, walk away, and resist doing something when you know better. Move closer to the truth of who you are. Move beyond the limitations of Your personality. From having a harmonious personality, in harmony with one's "natural instincts" one comes to know the love and joy of life. You need to "one" with your self and the one above. Try to live a life that will make you “fault free”. Defeat your own “inner resistance”. You must refine your personality. Some times in one's life they must stand alone. The right people can have a positive influence on each other. Choose your friends wisely. Our spiritual journey truly begins when we say to God "All I have is yours". As a mother has a total commitment to her child. Then you can say to yourself “The world was created for me”. Beginnings are most important as they usually are some reflection of what will be the result in the end. So one should always start out things in a positive way. The main thing is the fruits that result from your work in the end. One should always choose the path of Holiness and purity, purity of mind and purity of heart. One's will is their sword. Their agreement to their inner voice that is their will. It is strength. It is the awe of God that strengthens this commitment, and our supernal being. Purity makes one's prayer as a sword. This is to one who weighs his words in judgment. As said earlier, one word, one session of talking to God may not be enough to elicit the specific display of Divine of mercy that is desired. It can take many words to get the desired response. One needs at times to restrain his speech to silence. This is when one's words lead to nowhere. Embrace God in the profound silence within your heart. Maintain the utmost stillness. This rises thought. He may be then able to see into the awareness that was beyond him. One needs silence to go beyond time, to grasp things presently beyond oneself. Many times when words are exhausted, the truth becomes apparent. Every thing is according to the strength of one's commitment. Love dependent on something ends when the desired object is achieved. Such is not a solid commitment, and will last. It is not the inner strength that yields the necessary will and motivation. True love is free. It is without calculation. Ultimately one will do and give anything for love. The measure of one's love is expressed by what they are willing to do beyond what is required of them. Do you only turn to God when you need something. When there is no where else to turn. In such a relationship how close do you expect to be to God. One's love of God must be a self propelling force from their Divine awareness. This force propels them to do more work to reveal an even Greater perception, inner vision of God. That even motivates them further, with greater excitement. This will bring a smile to your face. When this awareness is forgotten by our lackings there is felt a loss. There are many who experience visions out of body experiences, channel spirits, have mystical dreams and various sorts of other states. Know, that these revelations and states do not necessarily mean one has attained the level of real awakening, these things some times are given for "some reason" or can even be from the dark forces and are no sign at all that a person has achieved Self-realization in union with God. It is better to be overly cautious rather than too daring while seeking out and working with Supernatural powers.
Through the completion of prayer ultimately there will come the Messiah and there is redemption.
Imagine yourself marooned on a vast deserted island, struggling just to survive. You could survive with just the bare essentials. Or start exploring your island moving further inland and away from your comfort zone. Along the way you can make many discoveries that will enhance your life. The discovery of your soul is very much the same overwhelming experience. With a certain amount of awareness, our lives can be enhanced a thousand fold and more, with the discovery of our souls. The only thing that will deny you access to your soul is your own thoughts. Denial of the soul has far reaching ramifications. The ultimate goal of the universe is to reach the boundless, blissful, utopian state of the world-to-come. The minds of most are sunk in this small world and its tribulations and the final end is too far from them to relate to. Exist beyond the physical.. Inner space dwarfs outer space - Implose before exploding. The universe of the mind is infinitely greater than the physical universe. Seek to see, investigate, and conquer its intriguing frontiers!

Earth is the world with which we're all familiar, it's the world of what we can perceive through the five senses. The spiritual worlds however, are something quite different. Yet they are similar as they are the source and basis of this world. Here we have manifestation. We have actions, physicality, emotions and thoughts. Here our thoughts can be correct or their opposite. In the Divine spiritual worlds there only truth exists. There is the source of Divine intuition that leads to the foundation of our thoughts and creativity. It is there that there is adjusted the "lens" of our objective reasoning. From there is revealed the powers which animate the forces within our emotions. The life force that vitalizes our bodies comes from there. From there actually comes forth the energy that gives the appearance and continual existence of every thing in this physical world. The only thing we can call with this level of Godliness is Nothingness, it is the source of creation. All things in the manifest world come from this unmanifested state which were are calling "nothing". This Nothingness and God's creation are in a indivisible bond. The truth is subtle. When you try to make it clear to yourself it evasively reverts to nothingness. These spiritual worlds that exist even though we may not be aware of them are the root and source of our world. From the continuous flow of Divine energy that we receive from these spiritual worlds our physical world continues to exist and is sustained. To enhance our connections to the energy that emanates from the spiritual worlds. One has to make a concerted effort to tap into that potential. This comes from awareness of God in all aspects of our lives-the physical, the emotional, and the mental together with the realm of Divine inspiration. And fulfilling The Divine will while we are attached to these places. This is true whether one is engaging in a business transaction, giving charity or praying. If one strays from the way that is right and good they can no longer perceive their true nature. Don't conduct yourself perilously loosing touch with the root of your soul. You can't afford to lose this. It can be compared to water irrigating a field. You know, it is the natural way for the water to flow. If there is rocks and garbage in the canal the water will not flow well. One must then clean these canals up. Know God in all your ways-don't have any garbage in them. Then the waters will flow with force. New waters will rush in. Then the field will be able to get the water it needs to produce the best fruit. Everything one comes in contact with ‘turns to gold’ - attains a state in which its inner essence of Divinity is manifest. This is knowing Him in all of one’s ways. Everyone will ascend from this world when their body is finished. The starting point and the rate of ascent is determined by what a person did while still on this temporal plane living in this world. According to your merit your soul will be able to rise up and have access to the supernal realms. So know God in all your ways. To draw
more Divine flow from the spiritual worlds we just need to fulfill Divine will with a greater connection and desire thus we draw more and greater quality light (energy). Each soul is Divine, part of the goal is to manifest this divinity that is with in and beyond. Supernatural beings flow their power to those here who turn to God for help. There are literally universes upon universes of ideas, concepts, and thoughts; kaleidoscopes of feelings, experiences, and awareness; dimensions of delight, joy, and bliss of God-experience. What do you do to keep your spirit, your soul alive and growing.

Once one has attained what is written in these pages they may succeed in going further. Without attaining a higher level of Divine consciousness, what success one can attain in their spiritual endeavors is quite limited. Yet the work alluded to in this book alone is fit for a lifetime, yet one will know when to go beyond. As there is always more.

The exact nature of drawing the supernatural Divine energies which are the perfection of the soul in its fullest are generally not discussed publicly. This is hidden wisdom, but the gateway to its perception is found in my first book " THE OWNER'S MANUAL TO THE SOUL". Refer to there it will take you higher. With the help of God there is alot more coming in upcoming parts of the " OWNER'S MANUAL TO THE SOUL" including The Kabbalah.

If you dig long and hard enough, sooner or later, you’ll find what you’re looking for, like an explorer in search of a rare gem.